

1 **Cholesterol Overload Drives Hepatic Steatosis by Inhibiting OGT-dependent PPAR α O-**
2 **GlcNAcylation and Transactivation**

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37 **Abstract (248 words)**

38 Although dietary cholesterol is known to exacerbate liver disease progression, whether and how it
39 contributes to hepatic steatosis, the hallmark early pathological feature of both MASLD and ALD,
40 remains poorly understood. Here, we investigated how cholesterol disrupts hepatic triacylglycerol
41 metabolism using both dietary and cellular cholesterol-loading models. Integrated transcriptomic,
42 metabolomic, and biochemical analyses were performed, and causality was examined through genetic
43 and pharmacologic modulation in multiple hepatocyte systems and mice. Our results demonstrate that
44 cholesterol overload induces hepatocellular fat accumulation in a dose-dependent, cell-autonomous
45 manner, primarily by suppressing fatty acid β -oxidation. Mechanistically, we identified PPAR α
46 inhibition as a key event underlying this effect. Cholesterol overload suppressed PPAR α
47 transactivation, thereby impairing fatty acid β -oxidation and promoting hepatocellular fat
48 accumulation. This inhibition was mechanistically linked to reduced O-GlcNAcylation. Specifically,
49 cholesterol overload downregulated OGT, leading to reduced protein O-GlcNAcylation and
50 consequent PPAR α inhibition; similarly, liver-specific OGT knockout mice exhibited suppressed
51 PPAR α activity and increased hepatic fat accumulation. RNA-sequencing and co-
52 immunoprecipitation analyses identified PPAR α as an O-GlcNAc-modified protein, and loss of this
53 modification impaired its transactivity. Functionally, restoration of O-GlcNAcylation via genetic OGA
54 knockdown or pharmacological activation of PPAR α with WY14643 alleviated cholesterol-induced
55 hepatic steatosis in mice without altering hepatic cholesterol levels. Lastly, we identified SREBP2 as
56 the upstream transcriptional regulator linking cholesterol overload to OGT suppression. In conclusion,
57 our findings in this study uncover a previously unrecognized cholesterol-OGT-PPAR α axis that
58 suppresses hepatic fatty acid β -oxidation and drives steatosis. Targeting O-GlcNAc cycling or

59 activating PPAR α represents a promising therapeutic strategy for MASLD.

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63 **Introduction**

64 Metabolic dysfunction-associated steatotic liver disease (MASLD) has become the most common
65 chronic liver disorder worldwide, encompassing a spectrum from simple steatosis to steatohepatitis,
66 fibrosis, and cirrhosis [1-3]. Its rising prevalence parallels increasing rates of obesity, insulin
67 resistance, and Western dietary habits [4-6]. Among dietary factors, cholesterol has emerged as an
68 important contributor to MASLD progression. A growing body of clinical and experimental evidence
69 demonstrates that cholesterol-enriched diets exacerbate hepatic inflammation, injury, and fibrogenic
70 response, thereby accelerating MASLD progression [7-9]. Intriguingly, despite its well-established
71 role in promoting disease progression, it remains unclear whether and how cholesterol drives hepatic
72 steatosis, the defining feature of early-stage MASLD, particularly given that cholesterol itself is not a
73 direct substrate for triacylglycerol synthesis.

74 Peroxisome proliferator-activated receptor alpha (PPAR α) is a ligand-activated nuclear
75 receptor abundantly expressed in hepatocytes, where it orchestrates transcriptional programs that
76 regulate lipid catabolism and energy homeostasis [10-12]. Upon activation, PPAR α induces genes
77 involved in mitochondrial and peroxisomal β -oxidation, ketogenesis, and lipoprotein metabolism,
78 thereby facilitating fatty acid clearance and maintaining hepatic metabolic integrity [13-16]. In
79 MASLD, reduced PPAR α activity is a consistent molecular feature associated with hepatic steatosis,
80 inflammation, and disease progression [11, 15, 17-19]. Experimental evidence indicates that genetic

81 ablation or pharmacological inhibition of PPAR α suppresses fatty acid oxidation, promotes lipid
82 accumulation, and increases susceptibility to diet-induced liver injury [19-21]. Conversely, activation
83 with selective agonists such as WY14643 or fenofibrate alleviates steatosis, inflammation, and fibrotic
84 remodeling, underscoring the pivotal role of PPAR α in protecting against MASLD pathogenesis [22-
85 25]. Protein O-GlcNAcylation is a dynamic and reversible post-translational modification in which
86 O-linked N-acetylglucosamine (O-GlcNAc) is added to serine or threonine residues of nuclear and
87 cytoplasmic proteins [26-28]. This process is catalyzed by O-GlcNAc transferase (OGT) and removed
88 by O-GlcNAcase (OGA), using UDP-GlcNAc generated through the hexosamine biosynthetic
89 pathway (HBP) as the donor substrate [27, 29]. Because HBP integrates inputs from glucose,
90 glutamine, acetyl-CoA, and nucleotide metabolism, O-GlcNAcylation functions as a nutrient-sensing
91 mechanism that couples cellular metabolic status to signaling and transcriptional regulation [30, 31].
92 Accumulating evidence supports that dysregulated hepatic O-GlcNAcylation contributes to the
93 development of multiple liver diseases, including MASLD, steatohepatitis, fibrosis, and
94 hepatocellular carcinoma [32-35]; however, current findings remain contradictory. On the one hand,
95 several studies have reported that a high-fat diet (HFD) or metabolic overload elevates hepatic protein
96 O-GlcNAcylation, either by enhancing de novo lipogenesis or by upregulating CD36, thereby
97 accelerating the progression from MASLD to steatohepatitis (MASH) [30, 36-38]. On the other hand,
98 it has been clearly demonstrated that hepatocyte-specific OGT knockout mice exhibit profound
99 metabolic and structural abnormalities, including increased liver injury, inflammation, fibrosis, and
100 exacerbated development of DEN-induced hepatocellular carcinoma [39, 40]. These opposing
101 observations suggest that basal O-GlcNAcylation is essential for maintaining hepatic homeostasis and
102 function, underscoring the complex and context-dependent role of O-GlcNAc signaling in liver

103 metabolism. Therefore, it is imperative to clarify how nutrient or lipid overload, including cholesterol
104 loading, modulates OGT-mediated O-GlcNAcylation and contributes to the initiation and progression
105 of MASLD.

106 To elucidate whether and how cholesterol loading affects hepatocellular lipid metabolism, we
107 employed integrated *in vitro* and *in vivo* approaches and identified a previously unrecognized
108 cholesterol-OGT-PPAR α signaling axis that mechanistically links free cholesterol accumulation to
109 hepatocellular fat accumulation. We demonstrate that cholesterol overload induces hepatic steatosis
110 by inhibiting PPAR α activity via suppression of OGT-dependent protein O-GlcNAcylation. Free
111 cholesterol, but not cholesteryl esters, downregulates OGT expression, leading to reduced global O-
112 GlcNAcylation, including modification of PPAR α , thereby impairing its transcriptional control of
113 fatty acid β -oxidation and promoting lipid accumulation. Importantly, restoring O-GlcNAcylation or
114 activating PPAR α reverses cholesterol-induced steatosis, establishing a mechanistic cholesterol-OGT-
115 O-GlcNAc-PPAR α axis that represents a targetable pathway in MASLD development.

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119 **Materials and methods**

120 **Reagents**

121 Chemicals, including bovine serum albumin (BSA, A7030) and DMSO (D2650), were purchased
122 from Sigma-Aldrich. Other chemicals used in this study were purchased as follows: Simvastatin
123 (Adipogen, AG-CN2-0052), Low density lipoprotein (ThermoFisher, L3486), Cholesterol-water
124 soluble (MCE, HY-N0322A), Etomoxir (MCE, HY-50202A), Pirinixic acid (MCE, HY-16995),

125 Fenofibrate (MCE, HY-17356), Methyl- β -cyclodextrin (MCE, HY-101461), OSMI-1 (MCE, HY-
126 119738), Thiamet G (MCE, HY-12588), Protein A/G PLUS-Agarose (Santa Cruz, sc-2003), Normal
127 mouse IgG (Santa Cruz, sc-2025), and NP-40 alternative (Santa Cruz, CAS 9016-45-9).

128 **Cell culture**

129 Murine AML12 and human HepG2 hepatocyte cell lines were obtained from the American Type
130 Culture Collection (ATCC, VA, USA). Human hepatoma HepaRG cells (Thermo Fisher Scientific,
131 HPRGC10), which are terminally differentiated and non-proliferative, were also used in this study.
132 (See **supplementary information** for details).

133 **RNA interference**

134 Cultured cells were transfected with *Ogt* siRNA (Invitrogen, 173150), *Soat2* (Invitrogen, 101666),
135 and *Srebf2* (Invitrogen, 284040) using Lipofectamine 2000 (Invitrogen, 3016547) based on the
136 manufacturer's instructions. Cells in the control group were transfected with scrambled siRNA (Santa
137 Cruz, sc-37007). (See **supplementary information** for details).

138 **Fatty acid oxidation (FAO) staining**

139 FAO activity was measured using the FAOBlue™ detection reagent (Funakoshi, FDV-0033). (See
140 **supplementary information** for details).

141 **Bodipy staining**

142 Cells (1×10^5) were seeded into 24-well plates and cultured for 16 hours. After treatment, cells were
143 washed with PBS, fixed in 4% formaldehyde (Pierce, Rockford, IL) for 15 min, and rinsed again. 5
144 μ M BODIPY 493/503 (Invitrogen, D3922) was applied for 15 min at room temperature. Following
145 PBS washes, nuclei were counterstained with DAPI mounting medium (Sigma-rich, Saint Louis, MO).
146 Images were captured using a LEICA inverted fluorescence microscope.

147 **Animal experiments**

148 All mice were housed under specific pathogen-free (SPF) conditions, with controlled temperatures
149 (18-23 °C), humidity (40-60%), and a 12-hour light/dark cycle. Mice had free access to food and water
150 throughout the study. All animal studies were approved by the Institutional Animal Care and Use
151 Committee at the University of Illinois Chicago and were conducted in accordance with the NIH
152 Guide for the Care and Use of Laboratory Animals. Ten-week-old male C57BL/6 mice were used for
153 dietary interventions with varying cholesterol concentrations (Sigma Grade, $\geq 99\%$, Sigma-Aldrich,
154 C8667) and for pharmacological treatment with the PPAR α agonist WY14643. In addition, ten-week-
155 old male C57BL/6 mice were subjected to hepatic OGA knockdown using adeno-associated virus
156 serotype 8 (AAV8)-mediated shRNA delivery. Mice received either AAV8-sh*Oga* or AAV8-shScramb
157 control via orbital injection during dietary intervention on day 10. Animals were maintained on a 2%
158 cholesterol diet for 30 days after viral administration. (See **supplementary information** for details).

159 **Histological analysis**

160 Liver tissues were fixed in 10% neutral-buffered formalin for 24 hours. Selected samples were
161 embedded in paraffin, sectioned at 4 μM , and stained with hematoxylin and eosin (H&E) for
162 histological evaluation. To assess collagen deposition, paraffin-embedded liver sections were stained
163 with Sirius Red (G-Clone, Beijing, China) according to standard protocols. For lipid staining, portions
164 of the liver were embedded in Tissue-Tek OCT compound (Sakura, Tokyo, Japan), frozen, sectioned
165 at 8 μM , and stained with Oil Red O. Images were captured by a Zeiss Axio Observer A1 inverted
166 microscope (Oberkochen, Germany).

167 **Biochemical assays**

168 Hepatic and plasma triacylglycerol (TAG) and total cholesterol (TC) contents, as well as cellular lipid

169 levels, were quantified using standard biochemical assays with commercial reagent kits (Jiancheng,
170 Nanjing, China) according to the manufacturers' instructions. Cellular TAG and TC levels were
171 normalized to protein content. (See **supplementary information** for details).

172 **Chromatin immunoprecipitation analysis (ChIP)**

173 ChIP assays were performed using the Pierce™ Agarose ChIP Kit (Thermo Fisher, Rockford, IL, USA)
174 according to the manufacturer's protocol. HepG2 cells were cultured in 6-well plates and treated with
175 vehicle (UT), 4 μM cholesterol, or 10 μM simvastatin for 12 hours. Cells (~2 × 10⁶ per condition)
176 were crosslinked in culture by adding formaldehyde to a final concentration of 1% for 10 min at room
177 temperature, and the reaction was terminated with glycine. Chromatin was enzymatically fragmented
178 and immunoprecipitated with an antibody specific to SREBF2. DNA was purified from
179 immunoprecipitants and analyzed by quantitative PCR. The target region encompasses the Ogt gene
180 promoter on chromosome X, and the primers were designed to amplify a fragment containing the
181 predicted SREBF2 binding site. The primer sequences were:

182 Forward: 5'-GGTTGGTGCTCAATTTTCAGGA-3';

183 Reverse: 5'-GCTACCTAGCCCCTTCACTAC-3'.

184 **Co-immunoprecipitation (Co-IP)**

185 Co-IP was performed using AML12 cells to assess protein interactions involving PPARα. Briefly, cells
186 were lysed in ice-cold NP-40 lysis buffer (150 mM NaCl, 50 mM Tris-HCl, 1% NP-40, pH 7.8)
187 supplemented with a mammalian protease inhibitor cocktail. Equal amounts of protein lysates (200
188 μg) were incubated overnight at 4 °C with anti-PPARα antibody (or normal mouse IgG as a negative
189 control) on a nutating platform. Antibody-protein complexes were captured using Protein A/G agarose
190 beads (Santa Cruz Biotechnology) for 1 hour at 4 °C with gentle agitation. Beads were washed four

191 times with lysis buffer, and bound proteins were eluted by boiling in SDS loading buffer. Eluates were
192 resolved by SDS-PAGE and analyzed by Western blot for O-GlcNAcylated proteins and OGT.

193 **RNA sequencing and data analysis**

194 For *in vivo* RNA sequencing (RNA-seq), total RNA was extracted using TRIzol[®] reagent (Invitrogen)
195 from three control (Ctrl) and three 2% cholesterol (Chol) mouse liver samples. *In vitro* RNA-seq was
196 also performed in AML12 cell experiments: untreated (UT, n=3) and MβCD-cholesterol-treated (4
197 μM, n=4) cells. Library preparation and sequencing were conducted on the Illumina NovaSeq 6000
198 platform by Shanghai Majorbio Bio-Pharm Technology Co., Ltd. Bioinformatic analyses, including
199 differential expression and functional enrichment, were performed using the Majorbio I-Sanger Cloud
200 Platform (<https://www.i-sanger.com>). (See **supplementary information** for details).

201 **Quantitative real-time polymerase chain reaction (qRT-PCR)**

202 Total RNA was extracted using TRIzol[®] reagent (Invitrogen, Carlsbad, CA) and reverse-transcribed
203 into cDNA with kits from Promega (Madison, WI), following the manufacturer's instructions. qPCR
204 was performed in 384-well plates using SYBR Green/ROX qPCR Master Mix (2X) on an Applied
205 Biosystems 7300 Real-Time PCR System (Thermo Fisher Scientific). Gene expression levels were
206 normalized to 18s rRNA and calculated using the $2^{-\Delta\Delta C_t}$ method. Primers were synthesized by IDT,
207 and their sequences are listed in **Table 1**.

208 **PPARα transcription factor activity**

209 Nuclear extracts (Thermo Scientific,78833) from cells and tissues were prepared using a nuclear
210 extraction kit according to the manufacturer's instructions. (See **supplementary information** for
211 details).

212 **Metabolomics analysis**

213 Targeted metabolomic analysis of central carbon metabolism was performed using ultra-performance
214 liquid chromatography coupled with tandem mass spectrometry (UPLC-MS/MS; Thermo Fisher
215 Scientific). Liver tissues were extracted using a methanol/water (80:20, v/v) solution containing
216 internal standards, and metabolites were quantified by multiple reaction monitoring. Data acquisition
217 and processing were carried out by Shanghai Majorbio Bio-Pharm Technology Co., Ltd. using in-
218 house databases and the Majorbio cloud platform (<https://cloud.majorbio.com>). (Please refer to **the**
219 **Supplementary information** for details.)

220 **Western blot analysis**

221 Cells and liver tissues were lysed in RIPA buffer containing protease/phosphatase inhibitors
222 (Beyotime, China). Equal amounts of protein (~30 µg) were separated by SDS-PAGE and transferred
223 to membranes. Standard immunoblotting was performed with primary antibodies and IRDye-
224 conjugated secondary antibodies (LI-COR), and signals were quantified using the Odyssey CLx
225 system. For detection of N-linked glycosylation, membranes were probed with concanavalin A (ConA,
226 Sigma-Aldrich) and visualized by chemiluminescence (ECL). β-actin and Lamin B1 served as loading
227 controls. (Please refer to the **Supplementary information** for details on the sources and catalog
228 numbers of all specific antibodies.)

229 **Statistical analysis**

230 All statistical analyses were performed using GraphPad Prism (version 9.0; GraphPad Software, San
231 Diego, CA). Unless otherwise specified, experiments were independently repeated at least three times
232 ($n \geq 3$). Data are expressed as mean \pm standard deviation (SD). For comparisons between two groups,
233 normality of data distribution was first evaluated using the *Shapiro-Wilk* test. Normally distributed
234 data were analyzed by a two-tailed unpaired Student's *t*-test, whereas non-normally distributed data

235 were assessed using the *Mann-Whitney U* test. For comparisons among more than two groups, one-
236 way analysis of variance (ANOVA) followed by *Tukey's post hoc* test was applied. When two
237 independent variables were involved, a two-way ANOVA with *Sidak's post hoc* analysis was used.
238 For nonparametric data across multiple groups, the *Kruskal-Wallis* test was followed by Dunn's
239 multiple comparison test. Sample sizes and *p*-values are represented by individual data points in bar-
240 scatter plots. A *p*-value < 0.05 was considered statistically significant.

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244 **Results**

245 **Hepatocellular cholesterol overload promotes hepatic steatosis.** Both *in vivo* and *in vitro* studies
246 were conducted to evaluate the effect of cholesterol overload on hepatic fat (triacylglycerol, TAG)
247 accumulation. *In vivo*, 10-week-old male C57BL/6 mice were fed a standard chow diet with or without
248 2% (w/w) cholesterol for 4 weeks. As shown in **Fig. 1**, cholesterol supplementation did not alter body
249 weight gain (**Fig. 1A**) but significantly increased liver mass (**Fig. 1B**), leading to a significant increase
250 in the liver-to-body weight ratio (**Fig. 1C**). As expected, hepatic total cholesterol (TC) content was
251 markedly elevated (**Fig. 1D**). Importantly, dietary cholesterol supplementation induced hepatic
252 steatosis, evidenced by increased hepatic TAG levels (**Fig. 1E**) and confirmed by histological staining
253 (**Fig. 1F**).

254 To test whether cholesterol-induced hepatic TAG accumulation occurs through cell-autonomous
255 mechanisms, we next examined the effects of cholesterol loading in cultured hepatocytes. AML12
256 cells, a non-transformed murine hepatocyte line, were first used, and key findings were validated in

257 HepG2 and differentiated HepaRG cells to ensure translational relevance. In AML12 cells, treatment
258 with methyl- β -cyclodextrin (M β CD)-complexed cholesterol significantly increased cellular TC (**Fig.**
259 **1G**) and TAG levels (**Fig. 1H**), as confirmed by BODIPY 493/503 staining (**Fig. 1I**). M β CD alone
260 had no effect (**Figs. S1A, B**), ruling out vehicle artifacts. Similar results were observed in HepaRG
261 (**Figs. 1J, K**) and HepG2 (**Figs. S1C-E**) cells, indicating a conserved, cell-autonomous effect of
262 cholesterol loading. Moreover, pharmacological inhibition of endogenous cholesterol synthesis with
263 simvastatin (10 μ M) markedly reduced cholesterol-induced increases in cellular TC and TAG (**Figs.**
264 **1L-N**) in AML12 cells, with comparable effects in HepG2 cells (**Figs. S1F-H**). These findings confirm
265 that elevated cellular cholesterol directly drives hepatocellular fat accumulation.

266 In hepatocytes, cholesterol exists in both free and esterified forms, with cholesteryl esters
267 synthesized by acyl-CoA: cholesterol acyltransferase 2 (ACAT2, encoded by *Soat2*). To determine
268 which pool contributes to TAG accumulation, *Soat2* was silenced in AML12 cells using siRNA (**Fig.**
269 **1O**). Remarkably, ACAT2 knockdown further enhanced M β CD-cholesterol-induced TAG
270 accumulation (**Fig. 1P**), a result that was reproduced in HepG2 cells (**Fig. S1I**). These findings
271 indicate that free cholesterol, rather than esterified cholesterol, is the major driver of lipid droplet
272 formation, while ACAT2-mediated esterification serves a protective buffering role against free
273 cholesterol-induced lipotoxicity. To assess physiological relevance, AML12 and HepG2 cells were
274 treated with increasing concentrations of low-density lipoprotein (LDL, 0-50 μ g/mL) for 16 hours.
275 LDL supplementation dose-dependently increased cellular TC and TAG levels in both cell types (**Figs.**
276 **1Q, R, and Figs. S1J, K**), confirming that exogenous cholesterol promotes hepatocellular fat
277 accumulation.

278 **Impaired fatty acid β -oxidation is a key metabolic defect contributing to cholesterol-induced**

279 **hepatocellular fat accumulation.** Excessive hepatic fat accumulation may result from multiple
280 metabolic disturbances, including enhanced *de novo* lipogenesis (DNL), impaired mitochondrial β -
281 oxidation, increased fatty acid influx from adipose tissue, or defective very low-density lipoprotein
282 (VLDL) secretion [41, 42]. In mice fed a cholesterol-enriched diet, plasma glycerol levels remained
283 unchanged (**Fig. 2A**), excluding enhanced adipose lipolysis as a contributing factor. Moreover, a
284 modest elevation in plasma TAG levels was observed (**Fig. 2B**), suggesting that hepatic TAG
285 accumulation was not attributable to impaired VLDL exports. Consistently, cholesterol loading, via
286 either M β CD-cholesterol or LDL exposure, did not affect extracellular TAG levels in AML12,
287 HepaRG, or HepG2 cells (**Figs. 2C-G**), further indicating that VLDL secretion was preserved. To
288 define how cholesterol promotes hepatic lipid accumulation, we conducted RNA-seq in cholesterol-
289 treated AML12 cells (4 μ M) and in the livers of mice fed a 2% (w/w) cholesterol diet for 4 weeks.
290 Transcriptomic analysis showed that cholesterol did not alter the expression of DNL-related genes but
291 markedly suppressed mitochondrial fatty acid β -oxidation genes in both models (**Figs. 2H, I**). These
292 findings were confirmed by qRT-PCR in both settings (**Figs. 2J, K**). The lack of changes in mature
293 SREBP-1c protein levels *in vitro* and *in vivo* after cholesterol loading (**Figs. 2L-N**) further supports
294 that cholesterol-induced lipid accumulation occurs independently of DNL activation. In contrast,
295 consistent with the transcriptomic downregulation of fatty acid β -oxidation genes, fluorescence-based
296 assessment of fatty acid oxidation using the FAOBlueTM assay demonstrated that cholesterol exposure
297 markedly impaired mitochondrial β -oxidation in both AML12 and HepG2 cells (**Figs. 2O, P**).
298 Collectively, these findings establish that defective mitochondrial β -oxidation, rather than enhanced
299 lipogenesis or impaired VLDL export, is the principal mechanism driving cholesterol-induced hepatic
300 TAG accumulation.

301 **Hepatocellular free cholesterol overload suppresses PPAR α signaling, contributing to**
302 **intracellular lipid accumulation.** One of the key regulators of hepatic fatty acid β -oxidation is
303 PPAR α . Our RNA-sequencing analysis revealed that its expression is downregulated in the liver
304 following cholesterol-enriched diet feeding (**Figs. 2H-K**). We therefore next examined whether
305 cholesterol impairs hepatic PPAR α signaling. Western blot analysis revealed a pronounced reduction
306 in PPAR α protein abundance in the livers of mice fed a cholesterol-enriched diet (**Fig. 3A**) and in
307 cultured hepatocytes treated with cholesterol (**Figs. 3B, C, and Fig. S2A**). Consistently, hepatic
308 PPAR α transcriptional activity, measured using an ELISA-based assay, was significantly diminished
309 in both cholesterol-fed mice (**Fig. 3D**) and cholesterol-treated AML12 cells (**Fig. 3E**). Similar
310 inhibitory effects were also observed in AML12 cells treated with LDL (**Figs. S2B, C**). Notably, *Soat2*
311 knockdown further exacerbated cholesterol-induced repression of PPAR α target genes (**Fig. 3F**),
312 implicating the accumulation of free cholesterol as a key driver of PPAR α inhibition. Conversely,
313 simvastatin (10 μ M) pretreatment restored PPAR α expression and activation of its target genes (**Fig.**
314 **3G**), as well as rescued fatty acid β -oxidation inhibition, determined by FAOBlue staining, in cultured
315 hepatocytes (**Fig. 3H and Fig. S2D**). To determine whether PPAR α activation mechanistically
316 contributes to cholesterol-induced hepatocellular fat accumulation, we conducted rescue experiments
317 using selective PPAR α agonists in cultured hepatocytes. In cholesterol-loaded AML12 cells,
318 activation of PPAR α with WY14643 (10 μ M) or fenofibrate (20 μ M) markedly attenuated intracellular
319 fat accumulation (**Fig. 3I**). In contrast, inhibition of mitochondrial fatty acid β -oxidation with
320 etomoxir (20 μ M) further exacerbated TAG accumulation under the same conditions (**Fig. 3J**). As a
321 result, BODIPY staining revealed fewer lipid droplets in WY14643-treated cells, whereas etomoxir
322 treatment intensified lipid deposition (**Fig. 3K**).

323 **Cholesterol loading downregulates hepatic OGT expression and suppresses hepatic protein O-**
324 **GlcNAcylation.** We previously demonstrated that activation of the hexosamine biosynthetic pathway
325 (HBP) is essential for glucose-induced hepatic TAG accumulation [43], underscoring its central role
326 in hepatic lipid metabolism. Transcriptomic profiling of liver tissues from cholesterol-fed mice
327 revealed a selective downregulation of *Ogt* (**Fig. 4A**), which encodes O-linked N-acetylglucosamine
328 transferase (OGT), the sole enzyme catalyzing protein O-GlcNAcylation using the HBP-derived
329 substrate UDP-GlcNAc. This suppression was highly specific, as expression of other core HBP
330 enzymes (*Gfpt1*, *Gnpnat1*, *Uap1*) and *Oga* (encoding O-GlcNAcase) remained unchanged (**Fig. 4A**).
331 Subsequent qRT-PCR and Western blot analyses confirmed these transcriptomic findings. In
332 cholesterol-fed mouse livers, OGT expression was significantly reduced at both the mRNA (**Fig. 4B**)
333 and protein levels, accompanied by a marked decrease in global protein O-GlcNAcylation (**Fig. 4C**
334 **and Fig. S3A**), while N-linked glycosylation remained unchanged (**Fig. 4D and Fig. S3B**). Similarly,
335 in AML12 hepatocytes, cholesterol loading with M β CD-cholesterol (4 μ M) markedly suppressed
336 OGT gene expression (**Fig. 4E**), without affecting other HBP enzymes. This was associated with a
337 parallel reduction in global protein O-GlcNAcylation (**Fig. 4F and Fig. S3C**) but no change in N-
338 linked glycosylation (**Fig. 4G and Fig. S3D**). Consistent results were observed in HepaRG and
339 HepG2 cells (**Fig. 4H and Figs. S3E, F**). Notably, pharmacological depletion of intracellular
340 cholesterol with simvastatin restored OGT expression and normalized protein O-GlcNAcylation in
341 cultured hepatocytes (**Fig. 4I and Figs. S3G, H**). Comparable rescue effects were observed when
342 LDL served as the cholesterol source (**Figs. 4J, K, and Fig. S3I**). Moreover, *Soat2* knockdown, which
343 increases free cholesterol levels, further reduced OGT expression and exacerbated O-GlcNAcylation
344 loss (**Figs. 4L, M, and Fig. S3J**), reinforcing free cholesterol as the primary mediator of this effect.

345 Consistent with these molecular findings, targeted metabolomics revealed that dietary cholesterol
346 supplementation significantly reduced hepatic levels of glucosamine-6-phosphate and N-acetyl-D-
347 glucosamine, two key intermediates in the HBP (**Fig. 4N**).

348 **Impairment of O-GlcNAcylation underlies cholesterol-induced hepatic fat accumulation.** To
349 determine whether cholesterol-induced OGT downregulation and subsequent suppression of protein
350 O-GlcNAcylation contribute to hepatic lipid accumulation, we first inhibited OGT activity in
351 hepatocytes using siRNA-mediated knockdown. OGT downregulation markedly reduced global
352 protein O-GlcNAcylation, which was accompanied by a significant increase in cellular TAG content
353 in both AML12 (**Figs. 5A-C**) and HepG2 cells (**Figs. S4A, B**). Consistently, hepatocyte-specific OGT
354 knockout mice exhibited inhibited hepatic protein O-GlcNAcylation (**Fig. 5D**), concomitant with
355 pronounced TAG accumulation, without changes in hepatic TC levels (**Figs. 5E, F**). In contrast,
356 hepatocyte-specific OGA knockout mice, in which protein O-GlcNAcylation is elevated (**Fig. 5G**),
357 manifested reduced TAG levels while maintaining normal hepatic TC content (**Figs. 5H, I**). Together,
358 these findings demonstrate that OGT-mediated protein O-GlcNAcylation plays a critical role in
359 maintaining hepatic lipid homeostasis. To further test this mechanism, we pharmacologically
360 enhanced O-GlcNAcylation prior to cholesterol loading by pretreating AML12 and HepG2 cells with
361 Thiamet-G (TMG), an OGA inhibitor that prevents O-GlcNAc removal from proteins. In line with
362 prior observations, cholesterol exposure markedly decreased global protein O-GlcNAcylation in both
363 cell types, and this effect was effectively reversed by TMG pretreatment (**Fig. 5J and Fig. S4C**).
364 Importantly, restoration of O-GlcNAcylation significantly attenuated cholesterol-induced TAG
365 accumulation (**Fig. 5K and Fig. S4D**).

366 **OGT-mediated O-GlcNAcylation is essential for hepatic PPAR α transactivation.** Our data show

367 that hepatocellular cholesterol overload inhibits both PPAR α transactivation and OGT-mediated
368 protein O-GlcNAcylation, and that these impairments contribute to hepatic lipid accumulation. These
369 findings led us to hypothesize that PPAR α transactivity is regulated by protein O-GlcNAcylation. To
370 explore this potential link, we manipulated OGT and OGA expression and activity using both
371 pharmacological and genetic approaches in cultured hepatocytes and subsequently assessed PPAR α
372 transactivity. As shown in **Figs. 6A-C**, the OGT inhibitor (OSMI) reduced PPAR α expression at both
373 the mRNA and protein levels, accompanied by a coordinated downregulation of canonical PPAR α
374 target genes, including those involved in mitochondrial β -oxidation. Importantly, co-treatment with
375 the OGA inhibitor, TMG (10 μ M), restored OSMI-suppressed PPAR α expression (**Fig. 6B**). Similar
376 findings were observed in HepG2 cells (**Fig. 6C**). Consistently, genetic inhibition of *Ogt* via siRNA
377 transfection recapitulated the effects of pharmacological inhibition on *Ppara* expression and its
378 canonical downstream targets (**Fig. 6D**). This observation was further supported by a direct ELISA-
379 based transactivity assay (**Fig. 6E**), as well as reduced fatty acid β -oxidation, as evidenced by
380 FAOBlue staining in cultured hepatocytes (**Figs. 6F, G**). Co-immunoprecipitation (CO-IP) revealed
381 that PPAR α physically interacts with OGT and is directly O-GlcNAcylated (**Fig. 6H**), indicating a
382 potential post-translational regulatory mechanism. Lastly, to establish *in vivo* relevance, we assessed
383 hepatic PPAR α activity in liver-specific OGT-deficient mice. In line with our cell-based findings,
384 hepatic *Ogt* deficiency reduced *Ppara* expression and its canonical downstream targets (**Fig. 6I**). In
385 contrast, *Oga* knockout in mice led to an opposite transcriptional pattern, as evidenced by increased
386 expression of *Ppara* and its downstream targets (**Fig. 6J**). Collectively, these data identify OGT-
387 mediated protein O-GlcNAcylation as a key mechanism required to sustain PPAR α transactivation.
388 **Either the improvement of protein O-GlcNAcylation or PPAR α activation attenuates**

389 **cholesterol-induced hepatic steatosis.** To evaluate the translational relevance of our mechanistic
390 findings, we investigated whether cholesterol diet-induced hepatic steatosis can be ameliorated by
391 enhancing protein O-GlcNAcylation or by pharmacological activation of PPAR α in mice. To this end,
392 10-week-old male C57BL/6 mice were fed a 2% cholesterol-supplemented diet for 30 days and
393 received a single retro-orbital injection of either AAV8-shScramble or AAV8-shOga on day 10 to
394 increase hepatic O-GlcNAcylation via OGA knockdown. AAV8-shOga delivery effectively reduced
395 hepatic OGA expression and ameliorated cholesterol-induced inhibition of protein O-GlcNAcylation
396 (**Figs. 7A, B**), which was associated with marked improvements in cholesterol-induced hepatic
397 abnormalities, including decreased fat accumulation (**Figs. 7C, D**), reduced liver weight (**Fig. 7E**),
398 and a lower liver-to-body weight ratio (**Fig. 7F**), without affecting hepatic total cholesterol levels (**Fig.**
399 **7G**). To assess whether pharmacological activation of PPAR α could rescue MASLD progression, male
400 C57BL/6 mice were fed a high-fat diet (HF; 35% kcal from fat) supplemented with 2% (w/w)
401 cholesterol (HFC) for 6 weeks. WY14643 (30 mg/kg/day) was administered beginning in week 4 and
402 continued throughout the final three weeks of dietary challenge. WY14643 treatment robustly
403 activated hepatic PPAR α signaling, as evidenced by upregulation of canonical PPAR α target genes
404 (**Fig. 7H**) and enhanced nuclear PPAR α transactivation (**Fig. 7I**). Restoration of PPAR α function was
405 associated with a marked improvement in the hepatic phenotype, including reduced liver weight and
406 the liver-to-body weight ratio (**Figs. 7J, K**), as well as decreased plasma ALT levels (**Fig. 7L**),
407 indicating attenuated hepatocellular injury. Both hepatic (**Fig. 7M**) and circulating TAG
408 concentrations (**Fig. 7N**) were significantly reduced, while total cholesterol levels in the liver and
409 plasma remained unchanged (**Figs. 7O, P**), suggesting that the therapeutic benefits of PPAR α
410 activation were independent of systemic cholesterol burden. Histological analyses, including H&E,

411 Oil Red O, and Sirius Red staining, further confirmed the protective role of PPAR α activation (**Fig.**
412 **7Q**). Consistently, gross examination also confirmed improved liver appearance in WY14643-treated
413 mice.

414 **SREBP2 regulates OGT expression and mediates cholesterol-induced suppression of protein O-**
415 **GlcNAcylation and PPAR α signaling.** To elucidate the molecular mechanism underlying
416 cholesterol-induced OGT suppression, we performed an integrative analysis combining RNA-seq-
417 derived transcriptomic data with JASPAR transcription factor binding predictions. This analysis
418 identified sterol regulatory element-binding protein 2 (SREBP2) as a putative transcriptional regulator
419 of *Ogt* (**Fig. 8A**). Consistent with RNA-seq data (**Fig. 8B**), cholesterol loading via either M β CD-
420 cholesterol or LDL treatment consistently inhibited SREBP2 activation across all hepatocyte models
421 used in this study and liver tissues (**Figs. 8C-E and Figs. S5A, B**). To assess the functional relevance
422 of SREBP2, we silenced *Srebf2* in AML12 and HepG2 cells using siRNA (**Figs. 8F, G, and Fig. S5C**).
423 *Srebf2* knockdown increased intracellular fat accumulation under basal conditions, which was further
424 exacerbated by cholesterol loading (4 μ M) (**Fig. 8H and Fig. S5D**). This phenotype was accompanied
425 by reduced OGT expression, decreased global protein O-GlcNAcylation, and impaired PPAR α
426 signaling, as reflected by reduced PPAR α protein abundance and transcriptional activity (**Figs. 8I, J,**
427 **and Fig. S5E**), along with downregulation of canonical PPAR α target genes (**Fig. 8K**). Functionally,
428 *Srebf2* silencing markedly decreased fatty acid oxidation (FAO) capacity, an effect that was partially
429 rescued by WY14643, a selective PPAR α agonist (**Fig. 8L and Fig. S5F**). To determine whether
430 SREBP2 directly regulates *Ogt* transcription, we performed chromatin immunoprecipitation (ChIP)
431 using primers targeting the -2 kb region upstream of the *Ogt* transcription start site, where SREBP2
432 binding motifs were predicted. ChIP-qPCR analysis confirmed direct binding of SREBP2 to the *Ogt*

433 promoter (**Fig. 8M**). Collectively, these findings identify SREBP2 as a direct transcriptional activator
434 of OGT and demonstrate that cholesterol suppresses hepatic OGT expression by inhibiting SREBP2
435 activity. This repression impairs O-GlcNAc-dependent mitochondrial fatty acid β -oxidation, at least
436 in part by inhibiting PPAR α signaling.

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440 **Discussion**

441 Although dietary cholesterol has long been implicated in MASLD progression [8, 44], whether and
442 how cholesterol loading drives hepatocellular fat accumulation has remained unclear. Here, we
443 identify a previously unrecognized mechanism by which free cholesterol promotes hepatic steatosis
444 by suppressing PPAR α -dependent fatty acid β -oxidation. Mechanistically, hepatocellular cholesterol
445 overload downregulates OGT expression, leading to reduced global protein O-GlcNAcylation,
446 including that of PPAR α . This loss of O-GlcNAcylation impairs PPAR α transactivity, thereby
447 compromising mitochondrial fatty acid β -oxidation and promoting intracellular lipid accumulation.
448 Importantly, restoration of protein O-GlcNAcylation via hepatic OGA knockdown or pharmacological
449 activation of PPAR α effectively attenuated cholesterol-induced steatosis in both cultured hepatocytes
450 and mouse models (**Fig. 8N**). Collectively, these findings establish a cholesterol-OGT-O-GlcNAc-
451 PPAR α axis linking cholesterol overload to impaired fatty acid oxidation and hepatic steatosis and
452 highlight O-GlcNAc signaling and PPAR α as promising therapeutic targets.

453 Although dietary cholesterol is well recognized as a major driver of advanced MASLD,
454 contributing to inflammation, liver injury, and fibrosis, collectively termed cholesterol-associated

455 steatohepatitis (CASH) [8, 45-47], its role in promoting hepatocellular fat accumulation and hepatic
456 steatosis, the earliest stage of MASLD, has remained poorly defined. Our findings address this gap
457 using both *in vivo* and *in vitro* models. In cell culture studies, we demonstrate that exogenous
458 cholesterol, supplied either as free cholesterol (M β CD-cholesterol) or in its physiologically relevant
459 LDL-bound form, is sufficient to induce hepatocellular fat accumulation independent of changes in
460 *de novo* lipogenesis (DNL), adipose tissue lipolysis, or VLDL secretion. The specificity of this
461 mechanism is supported by two key observations: (1) simvastatin treatment, which reduces
462 intracellular cholesterol, markedly attenuates cellular fat accumulation under our experimental
463 treatments; and (2) silencing of *Soat2*, which blocks cholesterol esterification and expands the free
464 cholesterol pool, further exacerbates TAG accumulation. These effects were consistently observed
465 across multiple hepatic models, including murine AML12, human HepG2, and HepaRG cells, and
466 were validated in our animal studies, in which mice were fed cholesterol-supplemented chow or high-
467 fat diets. Importantly, hepatic TAG accumulation increased in a dose-dependent manner with respect
468 to cholesterol, without concurrent changes in body weight or systemic metabolic parameters,
469 indicating a direct, liver-specific effect of cholesterol overload.

470 Mechanistically, our study identifies mitochondrial fatty acid oxidation inhibition as a central
471 driver of cholesterol-induced hepatocellular fat accumulation. To delineate the underlying mechanism,
472 we focused on PPAR α , a key transcriptional regulator governing mitochondrial and peroxisomal β -
473 oxidation. Our findings demonstrate that hepatocellular free cholesterol overload markedly suppresses
474 PPAR α transactivation. This conclusion is supported by converging evidence, including reduced
475 PPAR α expression, downregulation of canonical PPAR α -targeting genes, and direct measurements of
476 diminished transcriptional activity. These data indicate that cholesterol accumulation disrupts PPAR α -

477 dependent metabolic programming, thereby impairing fatty acid catabolism. Importantly,
478 pharmacological activation of PPAR α using structurally distinct agonists effectively restored β -
479 oxidation capacity and prevented lipid accumulation in cholesterol-overloaded hepatocytes. These
480 results not only establish PPAR α inhibition as a key mechanistic link between cholesterol overload
481 and defective fatty acid oxidation but also highlight PPAR α as a potential therapeutic target for
482 mitigating cholesterol-driven hepatic steatosis.

483 Another interesting finding of the present study is that cholesterol overload suppresses OGT-
484 mediated protein O-GlcNAcylation. To our knowledge, this is the first study to establish a direct
485 association between hepatic cholesterol overload and OGT downregulation. O-GlcNAcylation is a
486 reversible, nutrient-sensitive post-translational modification catalyzed by OGT and removed by OGA
487 [29, 48]. Although O-GlcNAc signaling has been primarily studied in the context of glucose-
488 responsive pathways such as SREBP-1c- and mTORC1-mediated lipogenesis [49, 50], its role in
489 cholesterol-induced metabolic alterations has remained largely unexplored. Here, we demonstrate that
490 intracellular cholesterol accumulation suppresses OGT expression at both the mRNA and protein
491 levels, leading to global reductions in protein O-GlcNAcylation. Notably, these cholesterol-induced
492 defects are functionally reversible; either pharmacological inhibition of OGA or genetic deletion of
493 hepatic *Oga* restores global protein O-GlcNAcylation and alleviates cholesterol-induced steatosis.
494 Conversely, hepatocyte-specific *Ogt* deletion phenocopies the metabolic effects of a cholesterol-
495 enriched diet. Collectively, these findings define O-GlcNAc signaling as a critical regulatory axis
496 linking cholesterol overload to hepatic steatosis.

497 The observation that hepatocellular free cholesterol overload is associated with both PPAR α
498 inhibition and suppression of OGT-mediated protein O-GlcNAcylation prompted us to further explore

499 the mechanistic connection between O-GlcNAcylation and PPAR α transactivation. Our results
500 identify PPAR α as a key downstream target whose activity is regulated by O-GlcNAcylation. PPAR α
501 is a master transcriptional regulator of mitochondrial and peroxisomal β -oxidation pathways, and its
502 activity is modulated by ligand binding, phosphorylation, and other post-translational modifications
503 [10, 11, 16]. Our results demonstrate that O-GlcNAcylation positively regulates PPAR α
504 transcriptional activity, providing an additional layer of control over hepatic lipid catabolism. Co-
505 immunoprecipitation (Co-IP) confirmed that PPAR α is directly O-GlcNAcylated, and loss of this
506 modification resulted in reduced DNA-binding affinity and diminished transcriptional activation of β -
507 oxidation genes. Restoring protein O-GlcNAcylation reinstated PPAR α activity and fatty acid β -
508 oxidation gene expression, linking O-GlcNAcylation status to hepatic fatty acid β -oxidation capacity.

509 Integrative transcriptomic and ChIP analyses identified SREBP2 as a direct transcriptional
510 activator of *Ogt*, demonstrating that SREBP2 binds the *Ogt* promoter to regulate its expression. Both
511 cholesterol loading in cultured hepatocytes and dietary cholesterol supplementation in mice
512 suppressed hepatic SREBP2 activity, consistent with the canonical feedback regulation of cholesterol
513 homeostasis [51, 52]. This repression provides a mechanistic explanation for the downregulation of
514 OGT in cholesterol-overloaded livers, extending the functional repertoire of SREBP2 beyond
515 cholesterol biosynthesis and positioning it upstream of a cholesterol-OGT-fatty acid β -oxidation axis
516 that governs hepatic metabolic flexibility. This pathway defines a regulatory checkpoint through
517 which cholesterol impairs mitochondrial fatty acid β -oxidation and promotes steatosis, independent
518 of canonical lipogenic mechanisms. While our data establishes that exogenous or dietary cholesterol
519 disrupts O-GlcNAcylation via SREBP2 inhibition, hepatic cholesterol can also accumulate through
520 non-dietary mechanisms, including increased endogenous synthesis, impaired biliary excretion, or

521 enhanced cholesteryl ester hydrolysis. A recent study further demonstrated that caspase-2-mediated
522 SREBP2 activation, together with feedback circuits involving LATS2, sustains hepatic cholesterol
523 accumulation [53]. Whether these alternative routes converge on the same SREBP2-OGT axis remains
524 to be determined.

525 In summary, our study delineates a previously unrecognized mechanism underlying cholesterol-
526 induced hepatocellular fat accumulation and hepatic steatosis. Cholesterol-mediated downregulation
527 of OGT and consequent loss of protein O-GlcNAcylation impair PPAR α transactivation, leading to
528 the inhibition of mitochondrial fatty acid β -oxidation and subsequent hepatic fat accumulation.
529 Importantly, restoring protein O-GlcNAcylation or pharmacologically activating PPAR α effectively
530 reverses these metabolic defects, demonstrating the causal role of this pathway in the development of
531 fatty liver. Unlike FFAs, which have long been recognized as the primary drivers of hepatic steatosis
532 due to their direct contribution to TAG synthesis and lipotoxic effects, cholesterol is not a direct
533 substrate for TAG synthesis. The present study provides evidence that, by inhibiting mitochondrial
534 fatty acid oxidation, cholesterol can act in concert with FFAs, both elevated in MASLD, to promote
535 hepatic lipid accumulation and synergistically contribute to the development and progression of
536 MASLD. Collectively, our findings establish O-GlcNAc signaling as a central metabolic checkpoint
537 linking cholesterol sensing to lipid oxidation and suggest that targeting OGT-mediated O-
538 GlcNAcylation or PPAR α activation may represent promising therapeutic strategies for cholesterol-
539 driven fatty liver disease.

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543 **Abbreviations**

544 FFAs: free fatty acids. MASLD: metabolic dysfunction-associated steatotic liver disease. OGT: O-
545 linked N-acetylglucosamine transferase. OGA: O-GlcNAcase. PPAR α : peroxisome proliferator-
546 activated receptor alpha. SREBP2: sterol regulatory element-binding protein-2. TAG: triacylglycerol.
547 TC: total cholesterol. TMG: thiamet G. HBP: hexosamine biosynthetic pathway. FAO: fatty acid
548 oxidation. ALT: alanine aminotransferase. ACAT2: alanine aminotransferase.

549 **Declarations**

550 **Ethics approval and consent to participate**

551 All animal experiments were conducted with the approval of the Institutional Animal Care and Use
552 Committee at the University of Illinois Chicago on 11 June 2022 (approval number: ACC-22-052),
553 and in accordance with the rules of the Basel Declaration and “Guide for the Care and Use of
554 Laboratory Animals,” 8th Edition.

555 **Consent for publication**

556 All authors in this article have consented to publication.

557 **Availability of data and materials**

558 All data and materials are available.

559 **Competing interests**

560 The authors declare no competing interests.

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564 **Author’s contributions**

565 Conceptualization: Z.S. and R.G. Methodology: R.G., Y.L., and Q.D. Software: R.G., X.D., and S.L.
566 Validation: Z.S. and R.G. Investigation: R.G., Y.L., and Q.D. Resources: Z.S., C.S., and U.A. Data
567 curation: R.G. and Y.L. Writing-original draft: Z.S. Writing-review and editing: Z.S. and R.G.
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692 **Figure legends:**

693 **Figure 1. Hepatocellular cholesterol overload promotes hepatic steatosis.** Male C57BL/6J mice
694 (10-week-old) were fed with a chow diet supplemented with and without cholesterol (2%, w/w) for 4
695 weeks. **(A)** body weight; **(B)** liver weight; **(C)** liver-to-body weight ratio; **(D)** hepatic total cholesterol

696 (TC) content; (E) hepatic triacylglycerol (TAG) content; (F) representative histology examination
697 (H&E, Oil Red O, and Sirius Red staining). AML12 cells were treated with methyl- β -cyclodextrin
698 (M β CD)-complexed cholesterol for 16 hours. (G) cellular total cholesterol (TC); (H) cellular TAG;
699 (I) BODIPY staining (493/503), scale bar=50 μ m. HepaRG cells were treated with methyl- β -
700 cyclodextrin (M β CD)-complexed cholesterol for 16 hours. (J) cellular TC; (K) cellular TAG. AML12
701 cells were pretreated with simvastatin (10 μ M) for 2 hours before M β CD-cholesterol loading. (L)
702 cellular TC; (M) cellular TAG; (N) BODIPY staining (493/503). Scale bar=1 μ m. AML12 cells were
703 transfected with *Soat2* siRNA overnight prior to M β CD-cholesterol loading. (O) *Soat2* mRNA; (P)
704 cellular TAG. AML12 cells were treated with LDL (0-50 μ g/mL) for 16 hours. (Q) cellular TC; (R)
705 cellular TAG. Chol, cholesterol; M β CD-chol, M β CD-cholesterol; LDL, low-density lipoprotein;
706 Simva, simvastatin. * P < 0.05 and ** P < 0.01 represent statistical difference.

707 **Figure 2. Impaired mitochondrial fatty acid β -oxidation is a key metabolic defect contributing**
708 **to cholesterol-induced hepatocellular fat accumulation.** (A, B) Plasma glycerol and TAG levels in
709 chow-fed mice supplemented with and without 2% cholesterol (w/w) for 4 weeks. (C-E) Extracellular
710 TAG concentrations in the culture medium of AML12, HepaRG, and HepG2 cells following
711 cholesterol. (F, G) Extracellular TAG concentrations in the culture medium of AML12 and HepG2
712 cells following LDL supplementation. (H, I) Heatmap visualization of representative lipid-related
713 pathways in AML12 cells and *in vivo*. (J, K) qRT-PCR validation of mitochondrial fatty acid β -
714 oxidation (*Ppara*, *Cpt1a*, *Acox1*, *Hmgcs2*, and *Cyp7a1*) *in vitro* and *in vivo*. (L-N) Unaltered Srebp-
715 1c pathway activation in AML12 cells following cholesterol exposure and in chow-fed mice
716 supplemented with and without 2% cholesterol for 4 weeks, tested by Western-blot and qRT-PCR. (O,
717 P) Fluorescence-based FAOBlue™ assay of fatty acid β -oxidation capacity (FAO) in AML12 and
718 HepG2 cells after cholesterol loading (4 μ M, 16 h). (40 \times objective). Chol, cholesterol; M β CD-chol,
719 M β CD-cholesterol; LDL, low-density lipoprotein. * P < 0.05 and ** P < 0.01 represent statistical
720 significance.

721 **Figure 3. Hepatocellular free cholesterol overload suppresses PPAR α signaling, contributing to**
722 **intracellular lipid accumulation.** Cholesterol-fed mice and M β CD-cholesterol-treated hepatocytes
723 were examined for PPAR α signaling. (A-C) Western blot analysis of PPAR α protein levels in livers
724 of cholesterol-fed mice and in AML12 and HepaRG cells exposed to cholesterol. (D, E) ELISA-based

725 measurement of hepatic and cellular PPAR α transcriptional activity. (F) qRT-PCR analysis of PPAR α
726 target genes in AML12 cells following siRNA-mediated *Soat2* knockdown prior to cholesterol loading.
727 (G) Effects of simvastatin (10 μ M) pretreatment on PPAR α protein expression and target gene
728 induction in cholesterol-treated AML12 cells. (H) FAOBlueTM assay showing restoration of
729 mitochondrial fatty acid β -oxidation by simvastatin in AML12 cells. (I) Intracellular TAG in AML12
730 cells treated with WY14643 or fenofibrate during cholesterol loading. (J) TAG accumulation in
731 AML12 cells treated with the FAO inhibitor etomoxir. (K) BODIPY staining showing reduced lipid
732 droplets with WY14643 and increased droplets with etomoxir. Scale bar=50 μ m. Chol, cholesterol;
733 M β CD-Chol, M β CD-cholesterol; Simva, simvastatin. * P < 0.05 and ** P < 0.01 represent statistical
734 significance.

735 **Figure 4. Cholesterol loading downregulates hepatic OGT expression and suppresses hepatic**
736 **protein O-GlcNAcylation.** Male C57BL/6J mice (10-week-old) were fed with a chow diet
737 supplemented with and without cholesterol (2%, w/w) for 4 weeks. (A) Heatmap of transcriptomic
738 profiling. (B, C) Validation by qRT-PCR and Western blot. (D) Lectin blot analysis showing
739 unchanged N-linked glycosylation in the same samples. AML12 cells were treated with methyl- β -
740 cyclodextrin (M β CD)-complexed cholesterol for 16 hours. (E-G) Validation by qRT-PCR and Western
741 blot. (H) A similar result was observed in HepaRG cells. (I) Simvastatin (10 μ M, pretreatment for 2
742 h) reversed the cholesterol-induced reduction of OGT and global O-GlcNAcylation in AML12 cells.
743 (J, K) LDL supplementation (50 μ g/mL, 16 h) decreased OGT mRNA and protein levels and
744 suppressed O-GlcNAcylation in AML12 cells. (L, M) siRNA-mediated knockdown of *Soat2* further
745 suppressed OGT expression and exacerbated the cholesterol (M β CD-chol, 2 μ M, 16 h)-induced
746 decrease in global O-GlcNAcylation in AML12 cells. (N) Targeted metabolomic analysis of liver
747 tissues. Chol, cholesterol; O-GlcNAc, O-GlcNAcylation. * P < 0.05 and *** P < 0.01 represent
748 statistical significance.

749 **Figure 5. Impairment of O-GlcNAcylation underlies cholesterol-induced hepatic fat**
750 **accumulation.** AML12 cells were transfected with siRNA targeting *Ogt* overnight and then treated
751 with methyl- β -cyclodextrin-cholesterol (4 μ M, 16 h). (A) hepatic *Ogt* mRNA. (B) global protein O-
752 GlcNAcylation and OGT protein; (C) cellular TAG content. Liver-specific *Ogt* or *Oga* knockout mice
753 were used to examine *in vivo* effects. (D) hepatic global protein O-GlcNAcylation and OGT protein;

754 (E) hepatic TAG; (F) hepatic TC; (G) hepatic global protein O-GlcNAcylation; (H) hepatic TAG; (I)
755 hepatic TC. AML12 cells were pretreated with TMG for 2 hours prior to cholesterol loading. (J) global
756 protein O-GlcNAcylation and OGT protein; (K) cellular TAG. Chol, cholesterol; O-GlcNAc, O-
757 GlcNAcylation. * $P < 0.05$ and ** $P < 0.01$ represent statistical significance.

758 **Figure 6. OGT-mediated O-GlcNAcylation is essential for hepatic PPAR α transactivation.**
759 AML12 cells were treated with OSMI-1. (A) qRT-PCR analysis of *Ogt*, *Ppara*, *Hmgcs2*, and *Cpt1a*
760 mRNA levels. AML12 and HepG2 cells were treated with OSMI-1, either alone or in combination
761 with TMG. (B, C) Western blot analyses of PPAR α protein. (D, E) qRT-PCR and ELISA analyses
762 showing that *Ogt* silencing reduced *Ppara*, *Hmgcs2*, and *Cpt1a* expression and decreased PPAR α
763 transcriptional activity in AML12 cells. (F, G) FAOBlueTM assay in AML12 and HepG2 cells. PPAR α
764 O-GlcNAcylation was examined by co-immunoprecipitation. (H) OGT association with PPAR α (IB:
765 OGT) and O-GlcNAc modification of PPAR α (IB: O-GlcNAc; arrow). Right: effects of cholesterol
766 treatment or si*Ogt* on PPAR α O-GlcNAcylation. (I, J) qRT-PCR analysis of hepatic *Ppara*, *Hmgcs2*,
767 *Cpt1a*, *Acox1*, and *Cyp7a1* mRNA levels in liver-specific OGT- and OGA-deficient mice. O-GlcNAc,
768 O-GlcNAcylation. * $P < 0.05$ and ** $P < 0.01$ represent statistical significance.

769 **Figure 7. Either the improvement of protein O-GlcNAcylation or PPAR α activation attenuates**
770 **cholesterol-induced hepatic steatosis.** C57BL/6 male mice (10-week-old) were fed a 2% cholesterol
771 diet for 30 days. On day 10, mice received a single retro-orbital injection of AAV8-shScramble or
772 AAV8-sh*Oga*. (A) hepatic *Oga* mRNA; (B) hepatic OGA protein and global protein O-GlcNAcylation;
773 (C) hepatic TAG; (D) representative liver images, H&E and Oil Red O staining; (E) liver weight; (F)
774 liver-to-body weight ratio; (G) hepatic TC. C57BL/6 mice fed a high-fat diet supplemented with 2%
775 cholesterol (HFC) and treated with WY14643. (H) hepatic mRNA expression of canonical *Ppara*
776 target genes; (I) Nuclear PPAR α transactivation; (J) liver weight; (K) liver-to-body weight ratio; (L)
777 Plasma alanine aminotransferase (ALT) levels; (M, N) hepatic and plasma TAG; (O, P) hepatic and
778 plasma TC; (Q) representative liver morphology and histological analyses (H&E, Oil Red O, and
779 Sirius Red staining. Chol, cholesterol; O-GlcNAc, O-GlcNAcylation. Chol, cholesterol; M β CD-Chol,
780 M β CD-cholesterol; Simva, simvastatin. * $P < 0.05$ and ** $P < 0.01$ represent statistical significance.

781 **Figure 8. SREBP2 regulates OGT expression and mediates cholesterol-induced suppression of**
782 **protein O-GlcNAcylation and PPAR α signaling.** Integrative transcriptomic analysis was performed

783 to identify transcriptional regulators of *Ogt*. (A, B) RNA-seq pathway analysis combined with
784 JASPAR motif prediction identified SREBP-2 as a candidate regulator of *Ogt*. SREBP-2 expression
785 in hepatocytes and mouse liver. (C-E) Western blot analysis of SREBP-2 protein in AML12 cells,
786 HepaRG cells, and livers of cholesterol-fed mice. Functional analysis of *Srebf2* knockdown in AML12
787 cells treated with or without M β CD-cholesterol. (F) Western blot of SREBP-2 protein; (G) qRT-PCR
788 of *Srebf2*, *Ogt*, and *Oga*; (H) intracellular TAG content; (I) Western blot and quantification of global
789 O-GlcNAcylation, OGT, and PPAR α ; (J) ELISA-based PPAR α transcriptional activity; (K) qRT-PCR
790 of canonical PPAR α target genes. (L) FAOBlueTM assay showing FAO activity following *Srebf2*
791 knockdown, with or without co-treatment with the PPAR α agonist WY14643. (M) ChIP-qPCR
792 analysis demonstrates direct binding of SREBP-2 to the *Ogt* promoter (~2 kb upstream of the
793 transcription start site). (N) Schematic summary of the proposed mechanism. Chol, cholesterol; O-
794 GlcNAc, O-GlcNAcylation. * $P < 0.05$ and ** $P < 0.01$ represent statistical significance.

795

796

797 Table1. The sequences of all primers.

Target genes	Forward primer (5' to 3')	Reverse primer (5' to 3')
Mouse <i>Oga</i>	GGGTTATGGAGCAGAGAAAAGAG	CCTGGCGAAATAGCATAGATGAA
Mouse <i>Ogt</i>	GACGCAACCAAACCTTTGCAGT	TCAAGGGTGACAGCCTTTTCA
Mouse <i>Soat2</i>	ACAAGACAGACCTCTTCCCTC	ATGGTTCGGAAATGTTGCACC
Mouse <i>Fasn</i>	GGAGGTGGTGATAGCCGGTAT	TGGGTAATCCATAGAGCCCAG
Mouse <i>Acaca</i>	GATGAACCATCTCCGTTGGC	GACCCAATTATGAATCGGGAGTG
Mouse <i>Achy</i>	CAGCCAAGGCAATTTTCAGAGC	CTCGACGTTTGATTAAGTGGTCT
Mouse <i>srebf1</i>	GCAGCCACCATCTAGCCTG	CAGCAGTGAGTCTGCCTTGAT
Mouse <i>srebf2</i>	CAGGTGCAGACGGTACAGG	CGACCCTTACTGGCACTTGAA
Mouse <i>Ppara</i>	AGAGCCCCATCTGTCTCTC	ACTGGTAGTCTGCAAAACCAAA
Mouse <i>Hmgcs2</i>	GAAGAGAGCGATGCAGGAAAC	GTCCACATATTGGGCTGGAAA
Mouse <i>Cpt1a</i>	CTCCGCCTGAGCCATGAAG	CACCAGTGATGATGCCATTCT
Mouse <i>Acox1</i>	TCCAGACTTCCAACATGAGGA	CTGGGCGTAGGTGCCAATTA
Mouse <i>Cyp7a1</i>	GGGATTGCTGTGGTAGTGAGC	GGTATGGAATCAACCCGTTGTC
Mouse <i>Gfpt1</i>	GAAGCCAACGCCTGCAAATC	CCAACGGGTATGAGCTATTCC
Mouse <i>Gnpat1</i>	ATGAAACCCGATGAAACTCCC	GCCTCAAACCAAGCCTTCTC
Mouse <i>Uap1</i>	CCATCCCCGCTTGAAAGAT	CCCTCTCCAGCATAAGAGATGA
Mouse <i>18s</i>	TAACCCGTTGAACCCATT	CCATCCAATCGGTAGTAGCG

798

Figure 1

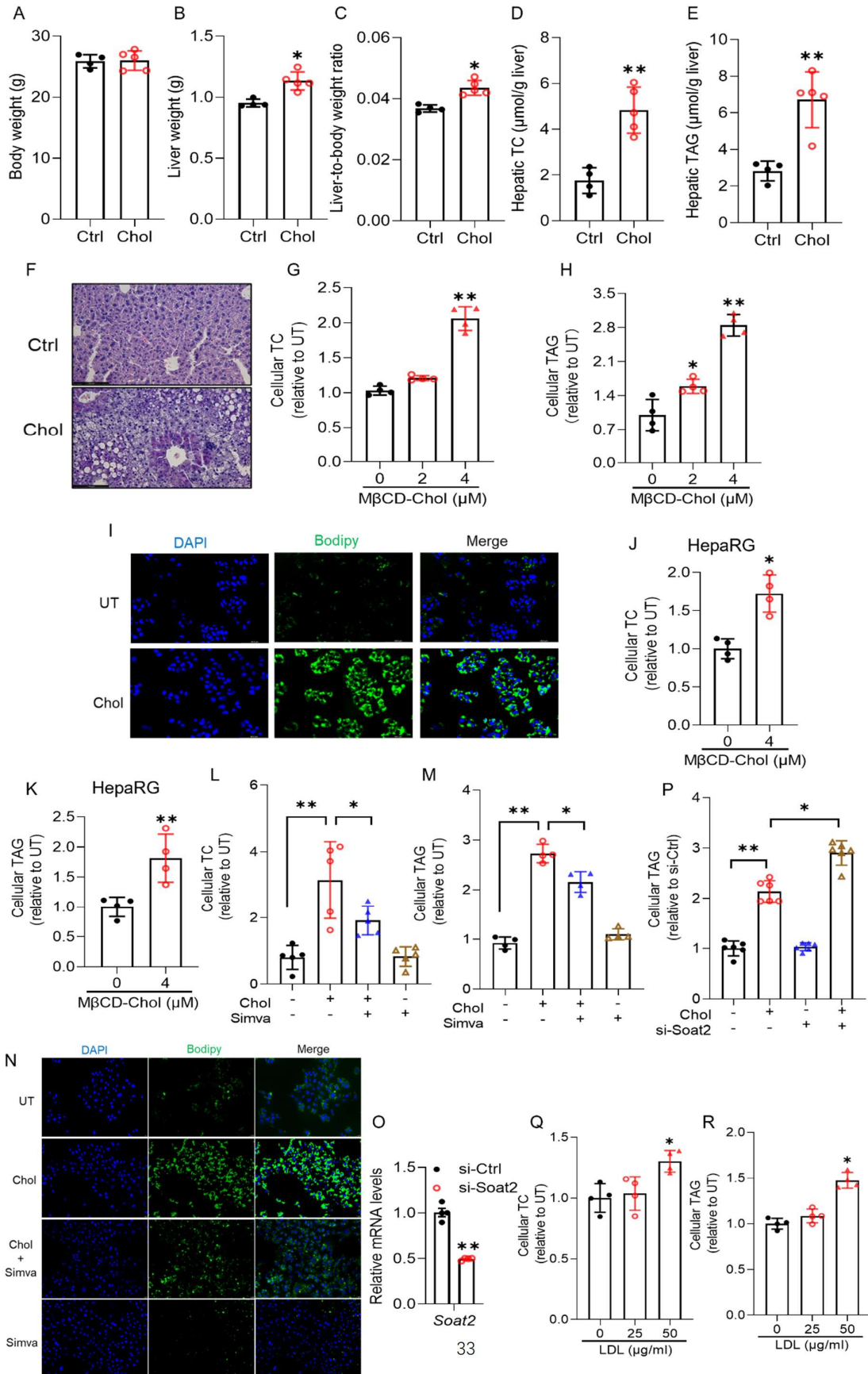
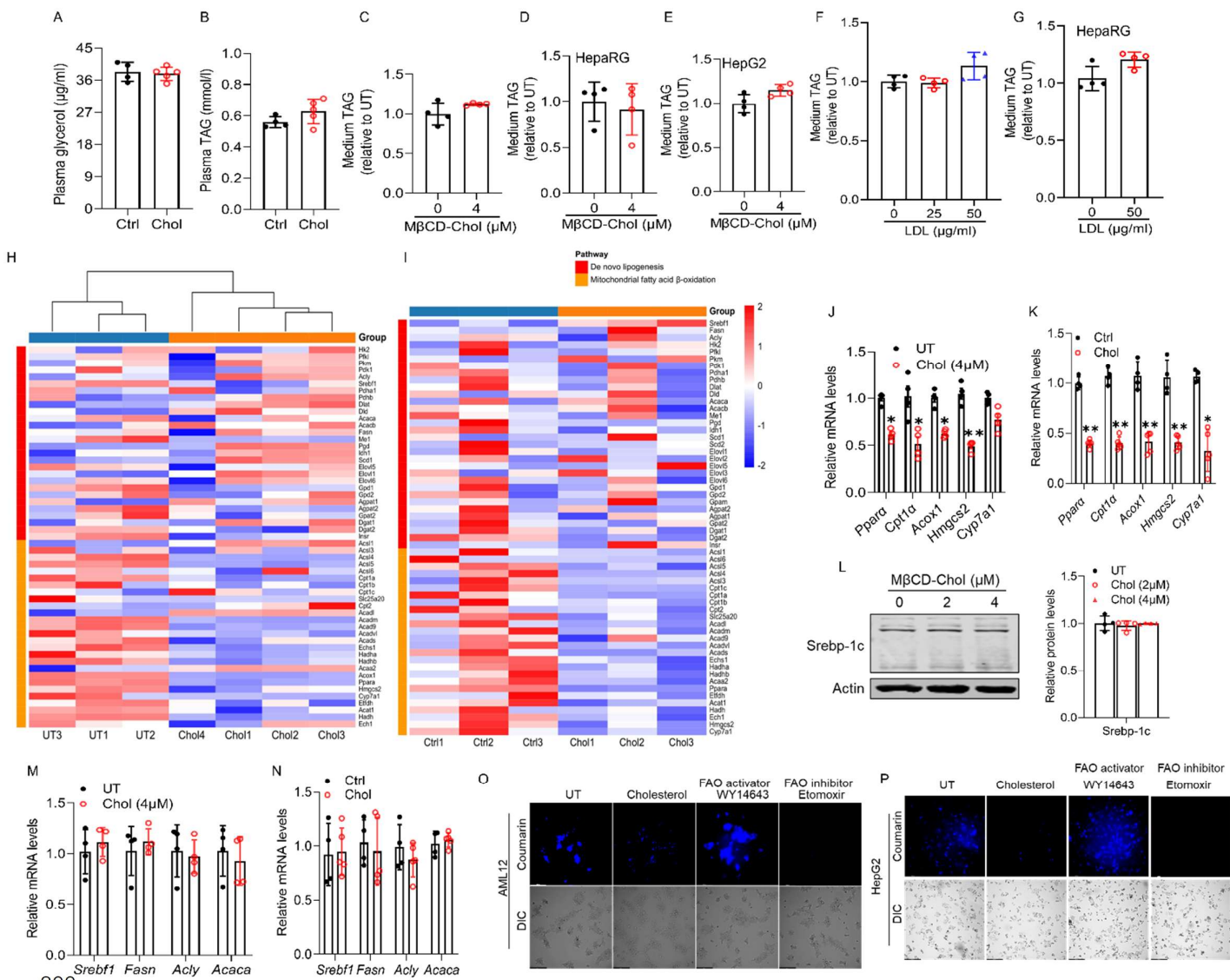


Figure 2



800

801

Figure 3

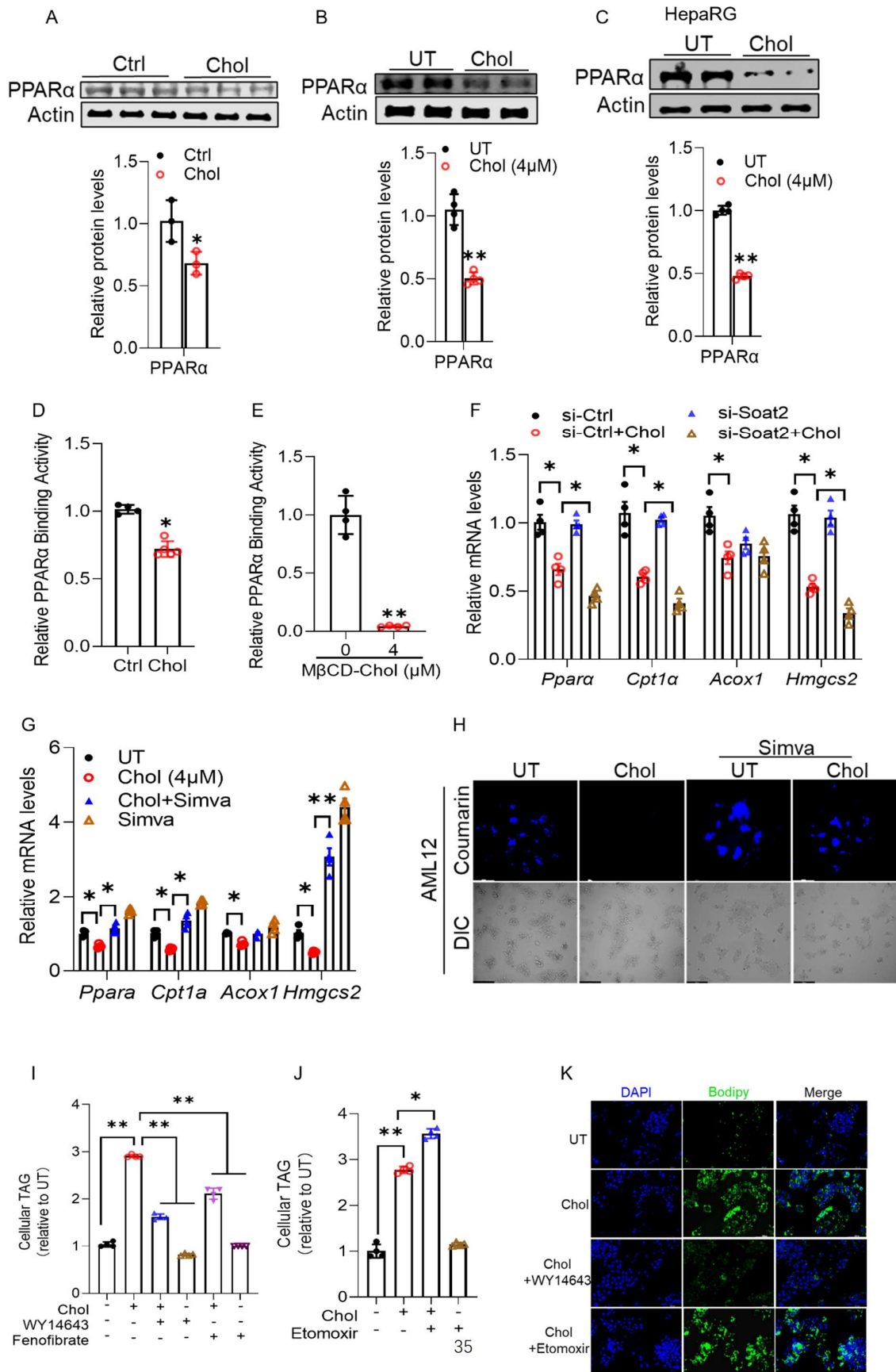


Figure 4

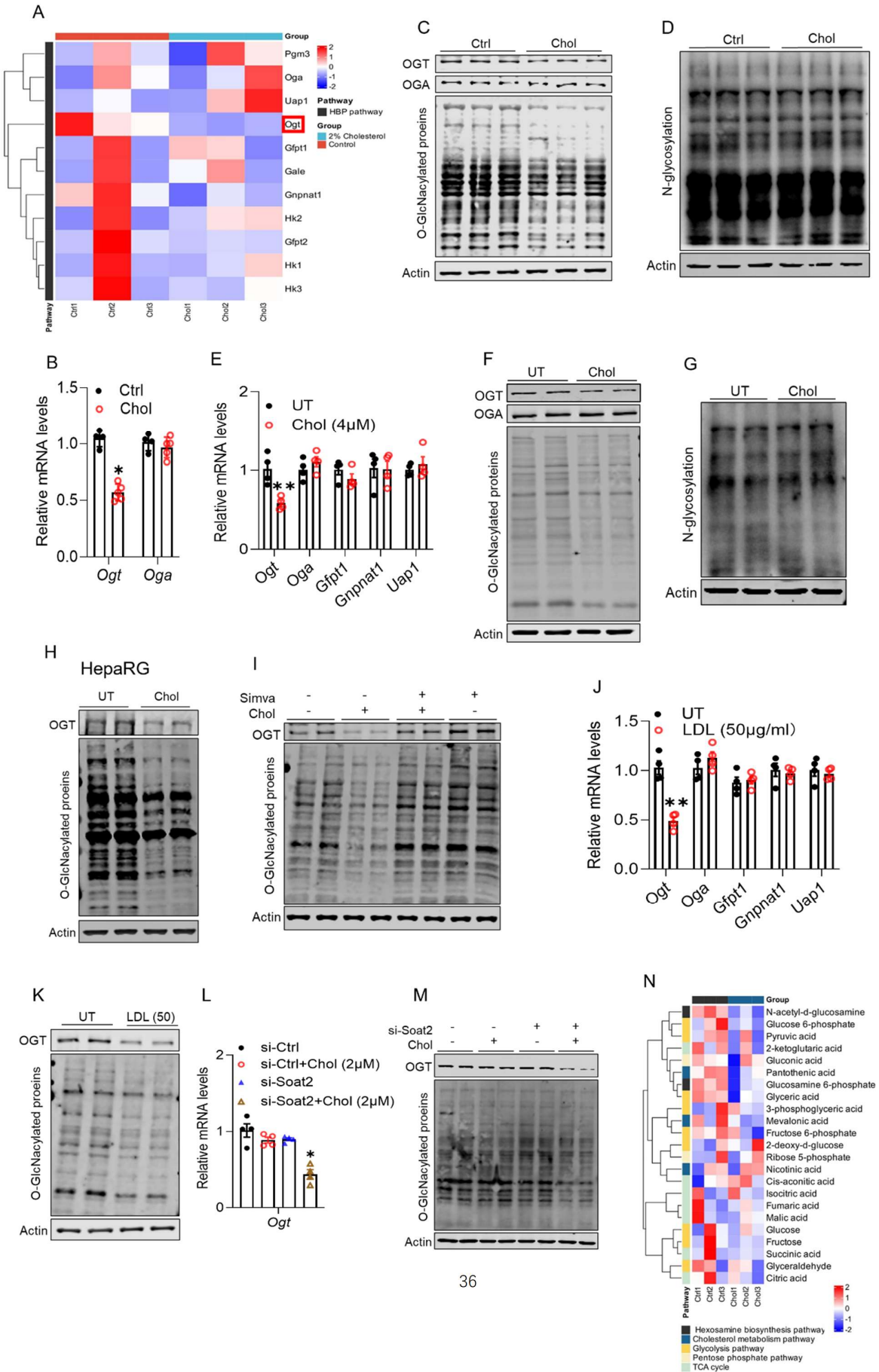
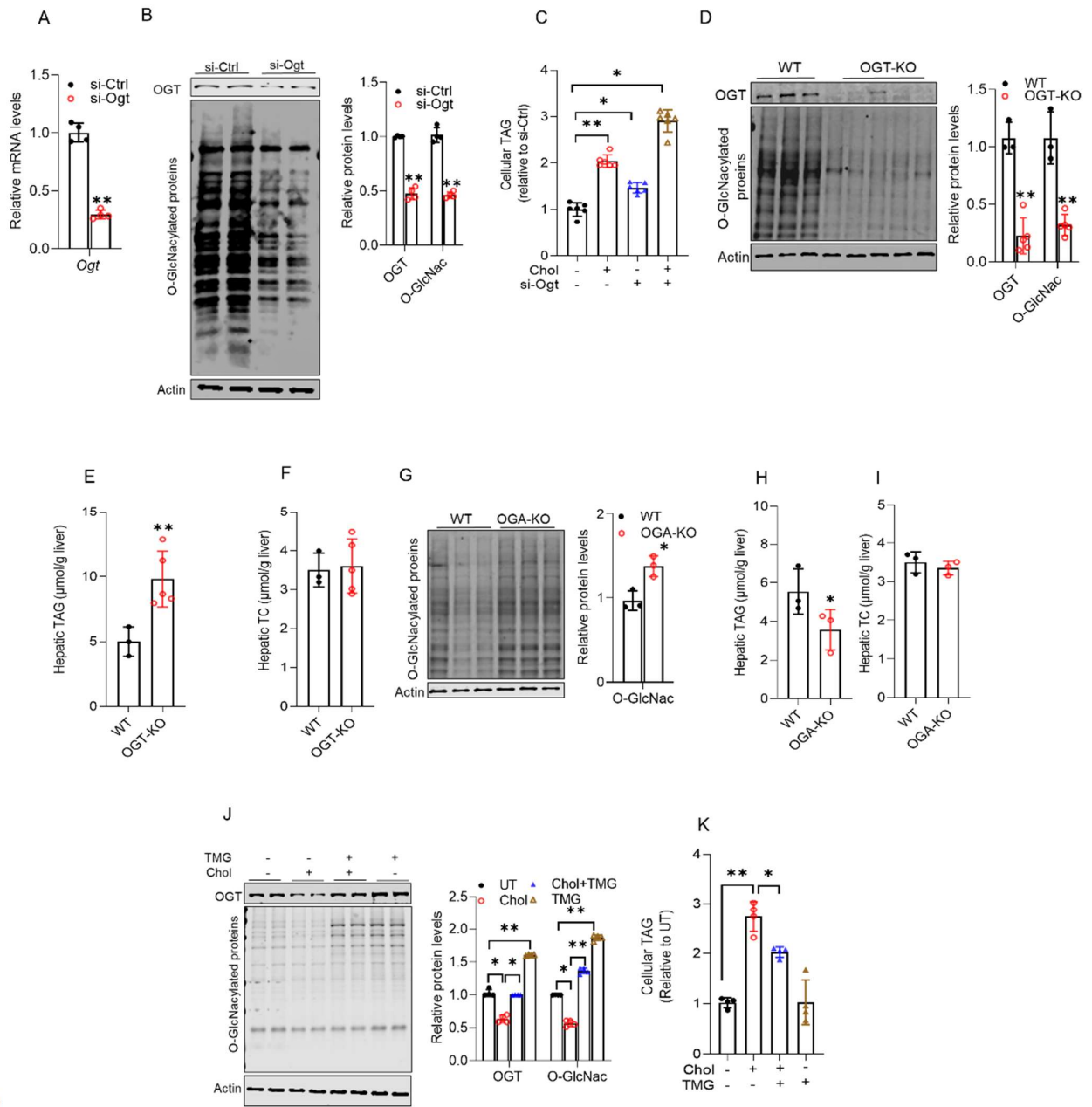


Figure 5



804

Figure 6

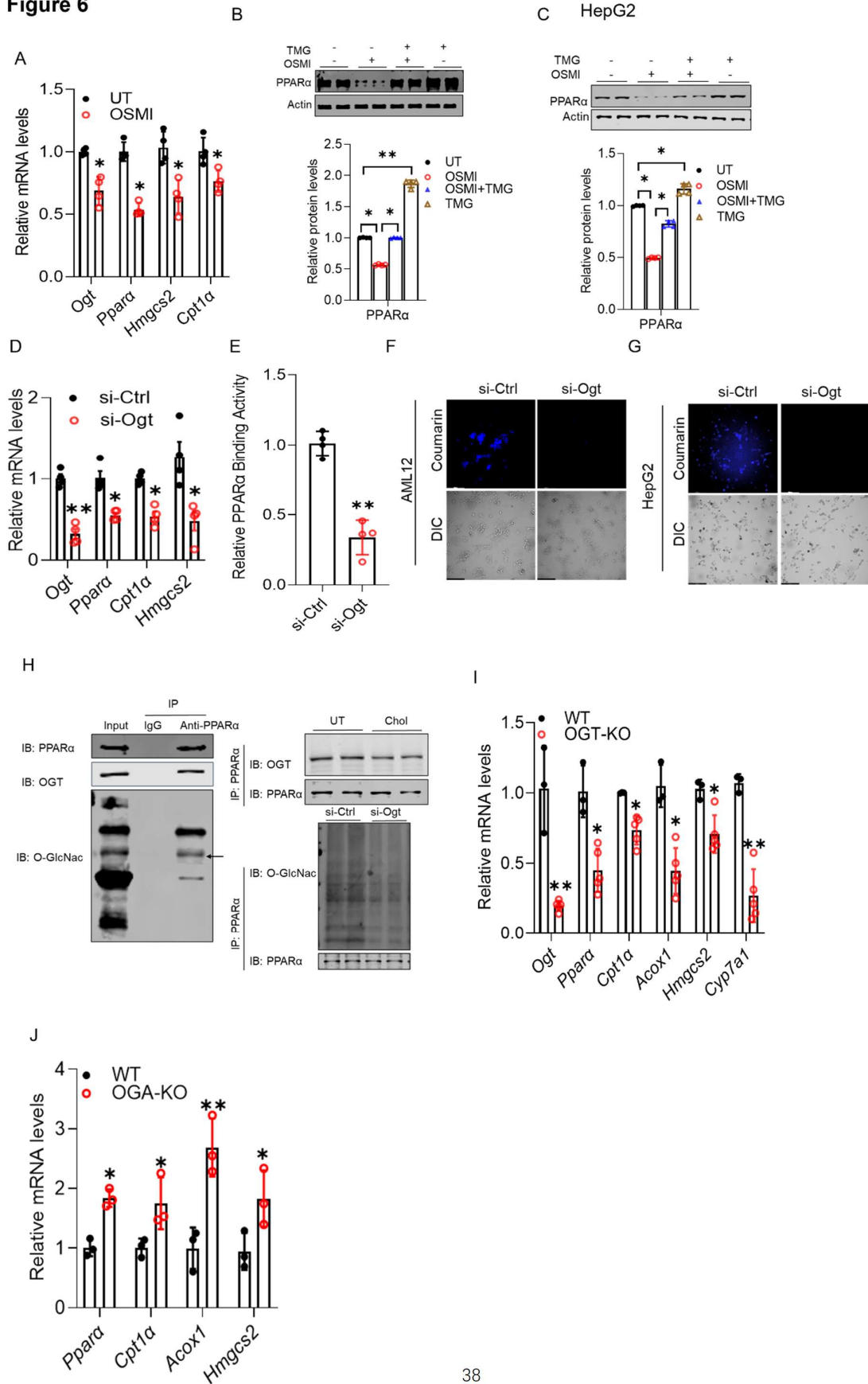


Figure 7

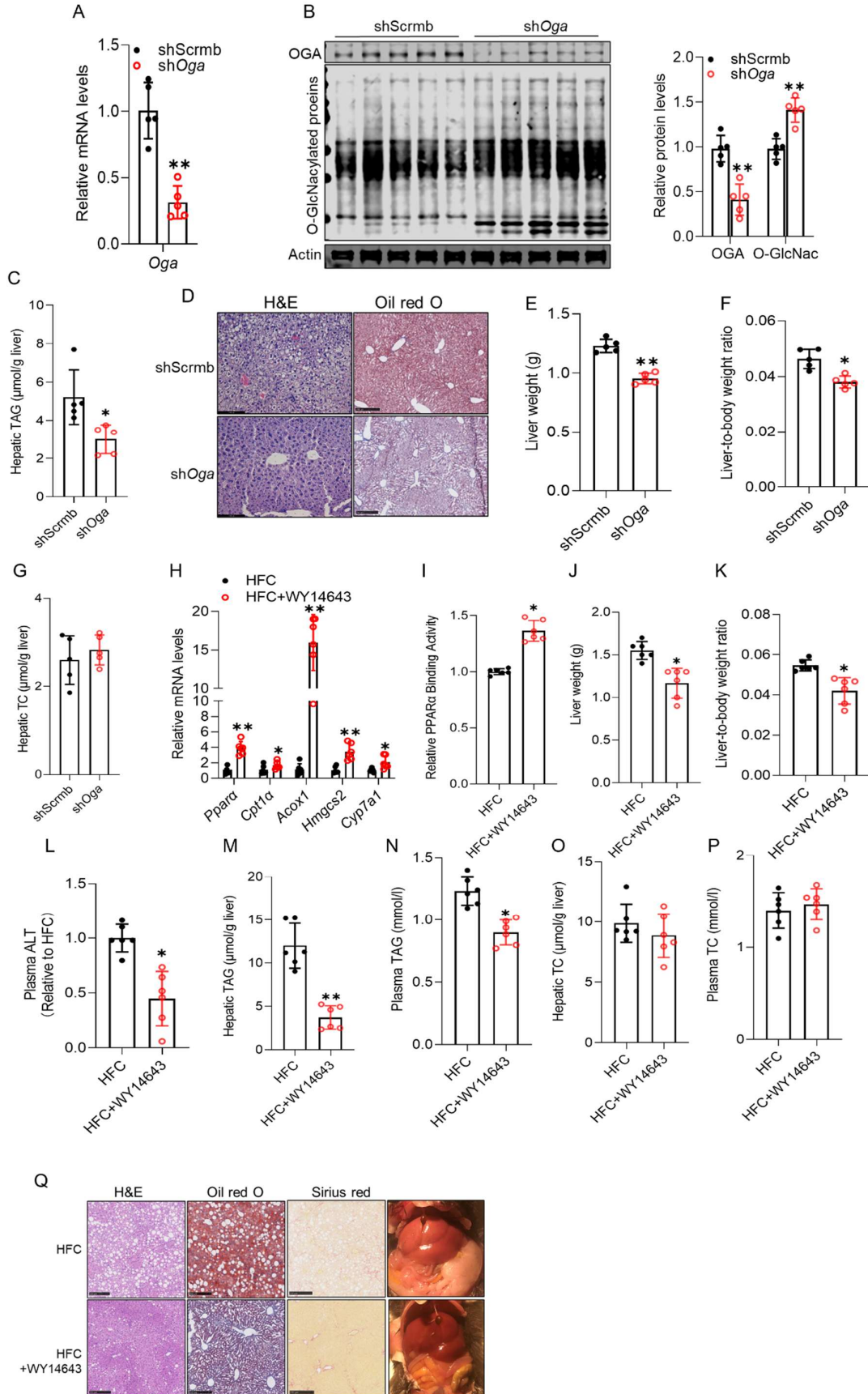


Figure 8

