

## Research Paper

# Metformin Sensitizes Non-small Cell Lung Cancer Cells to an Epigallocatechin-3-Gallate (EGCG) Treatment by Suppressing the Nrf2/HO-1 Signaling Pathway

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## Abstract

Non-small cell lung cancer (NSCLC) is the most common type of lung cancer. (-)-Epigallocatechin-3-gallate (EGCG), a major polyphenol in green tea, is widely studied as a cancer chemopreventive agent with potential anti-cancer effects. The NF-E2-related factor 2 (Nrf2)/heme oxygenase-1 (HO-1) signaling pathway is considered to mediate cellular resistance to EGCG. Metformin, a classical antidiabetic drug, has been shown to prevent cancer progression. Researchers have not reported whether metformin potentiates the anti-cancer efficacy of EGCG. In this study, metformin inhibited HO-1 expression and augmented the anti-tumor effect of EGCG. Metformin also enhanced ROS (reactive oxygen species) generation induced by EGCG (100  $\mu$ M), subsequently resulting in apoptosis. Based on the results of the *in vivo* study, size of xenografts treated with the combination of metformin and EGCG was smaller than other groups. Mechanistically, metformin modulated the EGCG-activated Nrf2/HO-1 pathway through Sirtuin 1 (SIRT1)-dependent deacetylation of Nrf2. Moreover, metformin upregulated SIRT1 expression partially through the NF- $\kappa$ B pathway. Comparatively, the combination of EGCG and metformin showed little impact on normal lung epithelial BEAS-2B cells. Based on our findings, metformin sensitized NSCLC cells to the EGCG treatment by suppressing the Nrf2/HO-1 signaling pathway.

Key words: non-small cell lung cancer (NSCLC), epigallocatechin-3-gallate (EGCG), 1-(diaminomethylidene)-3,3-dimethylguanidine (metformin), NF-E2-related factor 2 (Nrf2), heme oxygenase-1 (HO-1)

## Introduction

Lung cancer is the leading cause of cancer-related death worldwide [1, 2]. Non-small cell lung cancer (NSCLC) accounts for approximately 80-85 % of all cases of lung cancer and has a dismal 5-year survival rate, even with the development of chemotherapy and radiotherapy [1, 3].

According to epidemiological data, green tea consumption decreases the risk of human cancers

[4-6]. Catechins are particularly concentrated in green tea (*Camellia sinensis*), comprising 30-40 % of its dry weight [7]. The major catechins contained in green tea are (-)-epigallocatechin-3-gallate (EGCG), (-)-epigallocatechin (EGC), (-)-epicatechin gallate (ECG), (-)-epicatechin (EC) and catechin. EGCG has been widely studied as a chemopreventive agent with potential anti-cancer effects [8, 9]. However, different

tumor cells have different sensitivities to treatment with EGCG [9].

Heme oxygenase-1 (HO-1), also known as heat shock protein 32 (HSP32), is a cytoprotective protein. HO-1 catalyzes the degradation of the heme ring into carbon monoxide (CO), free iron, and biliverdin. HO-1 exerts cellular defense functions against various oxidative stresses through its antioxidant effects [9, 10]. In human cancers, HO-1 may increase the cellular resistance to EGCG and a wide variety of chemotherapeutic drugs [9, 11]. Among the green tea constituents, EGCG is reported to be the most potent inducer of HO-1 expression in an NF-E2-related factor-2 (Nrf2)-dependent manner [12]. Nrf2 is sequestered in the cytoplasm by Keap1 and subjected to constant degradation. The redox signal sensed by Keap1 results in the release of Nrf2 from Keap1 and activation of the Nrf2 signaling pathway by binding to the antioxidant-reactive element (ARE) of target genes [12, 13]. Post-translational modifications, including phosphorylation and acetylation, have been also reported to influence the transcriptional activity of Nrf2 [14-16]. Phosphorylation of the Serine-40 (S40) residue of Nrf2 is reported to facilitate Keap1/Nrf2 dissociation and Nrf2 nuclear translocation [14, 16]. The promoter region of the *HO-1* gene harbors an ARE motif, which provides a binding site for Nrf2 [12, 17, 18]. The Nrf2/HO-1 signaling pathway has been reported to contribute to cellular resistance to EGCG [9].

Metformin (1-(diaminomethylidene)-3, 3-dimethylguanidine) is an oral antidiabetic drug in the biguanide class. It is the first-line drug of choice for the treatment of type 2 diabetes and is used by over 120 million patients worldwide [19-21]. According to retrospective studies, metformin may decrease the risk of cancer in patients with type 2 diabetes [22]. Based on the results from *in vitro* studies, metformin also inhibits the proliferation of prostate [23], ovarian [24] and breast cancer cells [25]. However, the anti-cancer mechanism of metformin is not completely understood. A well-accepted theory is that metformin inhibits complex I in the mitochondrial respiratory chain [26] and reduces ATP levels [27], thus activating AMP-activated protein kinase (AMPK) and inhibiting mammalian target of rapamycin (mTOR) [28], which leads to the inhibition of cancer cell proliferation [29, 30].

In this study, metformin sensitized NSCLC cells, but not normal cells, to EGCG by elevating ROS levels and apoptosis. Moreover, metformin inhibited Nrf2 acetylation and nuclear translocation and reduced HO-1 expression induced by EGCG. Mechanistically, metformin modulated the EGCG-activated Nrf2/HO-1 pathway through Sirtuin 1

(SIRT1)-dependent deacetylation of Nrf2.

## Materials and Methods

### Drugs, reagents and adenovirus

EGCG, ECG and EGC were purchased from Aladdin Chemical (Shanghai, China). Bovine serum albumin (BSA) and methylthiazolyldiphenyl-tetrazolium bromide (MTT) were purchased from Sigma Chemical Co. (St. Louis, MO). Metformin was purchased from Sangon Biotech (Shanghai, China). Antibodies against Nrf2, Ki-67, PARP-1 (poly(ADP-ribose) polymerase 1), PCNA (proliferating cell nuclear antigen) and  $\beta$ -actin were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Antibodies against HO-1, NF- $\kappa$ B p65 (phospho S536) and Caspase-3 (p-17) were purchased from Abcam Inc. (Cambridge, MA). Antibodies against SIRT1 and NF- $\kappa$ B p65 (RELA) were purchased from Proteintech (Rosemont, IL). The pan-acetylsine antibody was purchased from PTM Biolabs Inc. (Hangzhou, China).

The Nrf2-overexpressing adenovirus (Ad-Nrf2), HO-1-overexpressing adenovirus (Ad-HO-1) and control adenovirus (Ad-NC) were designed and constructed by GeneChem (Shanghai, China). The SIRT1 siRNA (siSIRT1) and control siRNA (siNC) were purchased from GenePharma Co., Ltd. (Shanghai, China).

### Cell Culture

The A549, H1299 and H460 human NSCLC cell lines, and BEAS-2B human bronchial epithelial cell line were used in this study. NSCLC cell lines were cultured in RPMI-1640 supplemented with 10 % fetal bovine serum (FBS), 1 % penicillin streptomycin and 1 mM sodium pyruvate. BEAS-2B cells were cultured in DMEM supplemented with 10% fetal bovine serum (FBS), 1 % penicillin streptomycin and 1 mM sodium pyruvate. These cells were grown at 37 °C in a humidified atmosphere with 5 % CO<sub>2</sub>.

### Cell Viability Assay

Cells were seeded in 96-well plates ( $3 \times 10^3$  cells/well) overnight, and then treated with various concentrations of EGCG, ECG, EGC or metformin. Then, 20  $\mu$ L of MTT solution (2 mg/mL in PBS) were added to each well and incubated for 4 h at 37 °C. The supernatant was aspirated and the MTT-formazan crystals formed by metabolically viable cells were dissolved in 200  $\mu$ L of DMSO. Finally, the absorbance was monitored at a wavelength of 490 nm using a microplate reader (Biotek, Winooski, VT).

### LDH (Lactate dehydrogenase) Release Assay

LDH release was determined using an LDH

cytotoxicity assay kit (Beyotime, Nantong, China), according to the manufacturer's instructions. The absorbance was measured at 490 nm using a microplate reader (Biotek, Winooski, VT).

### Preparation of Cytosolic and Nuclear Extracts

Nucleic and cytosolic fractions were prepared using a Nuclear and Cytoplasmic Protein Extraction kit (Beyotime, Nantong, China). The collected cells were suspended in ice-cold hypotonic buffer and incubated on ice for 50 min. Extracts were centrifuged at 12,000 g for 5 min, and the supernatant was collected (cytosolic fraction). Pellets were washed with ice-cold hypotonic buffer and resuspended in lysis buffer, followed by sonication. Extracts were centrifuged at 12,000 g for 15 min, and the supernatant was collected (nuclear fraction).

### Western Blot and Immunoprecipitation

After treatment, cells were placed on ice, washed twice with cold PBS (pH 7.4), and lysed in RIPA lysis buffer (Beyotime, Nantong, China). Cell lysates were centrifuged at 12,000 g for 15 min. For the immunoprecipitation assay, an antibody against Nrf2 was incubated with cell lysates overnight at 4 °C. Protein A+G Agarose (Beyotime, Nantong, China) was added for 1 h at 4 °C. Agarose was centrifuged and washed three times with RIPA lysis buffer. Lysates were centrifuged at 12,000 × g and then loaded onto an SDS-PAGE gel. Samples were electrophoresed for 2 h and transferred to PVDF membranes (Millipore, Bedford, MA). Membranes were blocked with a blocking buffer containing 3 % bovine serum albumin (BSA) in PBS at room temperature for 1 h. Membranes were incubated with the primary antibody overnight at 4 °C, followed by washes with PBST (PBS, 0.1 % Tween-20). Membranes were then incubated with a 1:2,000 dilution of the appropriate HRP-conjugated secondary antibody (Beyotime, Nantong, China) for 1 h at room temperature. After washes with PBST, blots were incubated with ECL-plus (Beyotime, Nantong, China) and detected using a FluorChem™ M System (Protein Simple, San Jose, CA).

### Immunohistochemistry (IHC)

A549 xenograft tumor tissues were fixed with 10 % neutral-buffered formalin and embedded in paraffin. Three-micrometer paraffin sections were deparaffinized and heated in citrate buffer (pH 6.0) for 7 min using an epitope retrieval protocol. Tissues were incubated with rabbit anti-Nrf2 (1:200 dilution), anti-HO-1 (1:300 dilution), anti-Ki67 (1:200 dilution) or anti-PCNA (1:200 dilution) antibodies overnight at 4 °C, followed by an incubation with an anti-rabbit

biotinylated secondary antibody (ZSGB-Bio, Beijing, China), a diaminobenzidine substrate for detection, washes, hematoxylin staining, dehydration and mounting.

Semi-quantitative determination of Nrf2, HO-1, PCNA and Ki67 levels was performed according to the method described by Allred et al [31]. Briefly, the proportion of positively stained cells was rated as 0 = no cells were stained positive, 1 = between 0 % and 1 % positive, 2 = between 1 % and 10 %, 3 = between 10 % and 33 %, 4 = between 33 % and 66 %, and 5 = between 66 % and 100 %. In addition to the proportion score, an intensity score was generated based on the average intensity of staining: 0 = negative, 1 = weak, 2 = intermediate and 3 = strong. The intensity score and the proportion score were added to obtain the total score.

### Immunofluorescence Assay

Cells were washed with PBS, fixed with 4 % formaldehyde and blocked with 1 % BSA/PBS for 1 h at room temperature. Then, cells were incubated with a primary antibody against Nrf2 (Abcam; ab62352) overnight at 4 °C and incubated with Cy3-conjugated secondary antibodies (Beyotime, Nantong, China) for 1 h at room temperature. DAPI (Sigma) was used to stain the nuclei and images were captured using an UltraViewVoX confocal microscope (PerkinElmer, Waltham, MA).

### Cell Apoptosis Analysis

A549 cells ( $1 \times 10^6$ ) were cultured in 6 cm dishes. Apoptosis was measured using the 7-AAD/Annexin-V double staining apoptosis kit (BD Biosciences, Franklin Lakes, NJ) and flow cytometry (BD Biosciences, CA). The Annexin-V+/7-AAD- cells were in the early phase of the apoptotic process; the Annexin-V+/7-AAD+ cells indicated late apoptosis. The percentage of apoptotic cells in each group was computed. Each group was assessed in triplicate.

### In Vivo Studies

Female BALB/C nude mice (6-8 weeks of age) were purchased from the Shanghai SLAC Laboratory Animal Co., Ltd. (Shanghai, China). Mice were maintained in a pressurized ventilated cage according to institutional regulations. Nude mice were grafted with A549 cells ( $5 \times 10^5$ ) in 100  $\mu$ L of PBS via a subcutaneous injection. Mice were randomly divided into 4 groups (n = 3) and received one of the following treatments: (1) intraperitoneal injection of normal saline (negative control, every 2 days throughout the experiment starting on day 22); (2) metformin (200  $\mu$ g/mL, diluted in drinking water and administered throughout the experiment starting on day 22); (3)

intraperitoneal injection of EGCG (50 mg/kg, every 2 days throughout the experiment starting on day 22); (4) the combination of EGCG and metformin. Tumor volumes (means  $\pm$  SEM; mm<sup>3</sup>) were measured at various times after the injection of cancer cells. Protocols for experiments involving animals were approved by the Animal Experimentation Ethics Committee at Soochow University.

### Cell Transfection and Luciferase Assay

A luciferase vector containing the wild-type *HO-1* promoter (~5000 to -1, relative to the transcription start site) was constructed by Shanghai Biobuy Biotech Co., Ltd. (Shanghai, China). The plasmid was verified by sequencing. Cells were transfected with vectors using ExFect™ Transfection Reagent (Vazyme Biotech, Nanjing, China). Promoter activity was expressed as the ratio of *firefly* luciferase activity to *Renilla* luciferase activity (Promega, Madison, WI).

### Statistical Analysis

Data are expressed as the means  $\pm$  standard errors of the means (SEM) of at least three independent experiments. Data were then analyzed using Student's *t*-test when only two groups were compared or using one-way analysis of variance (ANOVA) when more than two groups were compared. Statistical analyses were performed using Prism 6 software (GraphPad, La Jolla, CA). Differences were considered significant at  $P < 0.01$  (\*) and  $P < 0.001$  (\*\*).

## Results

### Metformin augmented the cytotoxicity of EGCG in NSCLC cells

Firstly, we compared the *in vitro* cytotoxicity of EGCG in three human NSCLC cell lines. Cells treated with EGCG (0-100  $\mu$ M; 24 h) exhibited different dose-dependent degrees of cytotoxicity. With the exception of A549 cells, the treatment of all cells with EGCG (> 40  $\mu$ M) for 24 h produced toxicity. However, A549 cells were still resistant to treatment with up to 100  $\mu$ M EGCG for 24 h (Figs. 1A and S1C).

Since HO-1 overexpression is strongly associated with resistance to EGCG [9], we next investigated HO-1 expression in three human NSCLC cell lines. Compared with the other two NSCLC cell lines, HO-1 was expressed at the highest levels in A549 cells (Fig. 1B).

Next, we determined whether metformin influenced the viability of A549 cells. Metformin suppressed cell proliferation at concentrations greater than 0.4 mM (48 h) or 0.3 mM (72 h) (Figs. 1C and S1A and B). Since HO-1 is responsible for the resistance to

EGCG, we investigated whether metformin affected the level of the HO-1 protein. Strikingly, HO-1 levels decreased significantly in metformin-treated cells in a dose-dependent manner (Fig. 1D). At a dose of 0.05 mM, metformin inhibited HO-1 expression. Moreover, when cells were treated with metformin at concentrations of 0.4 mM for 48 h, the level of the HO-1 protein was significantly reduced, without inhibiting the proliferation of A549 cells (Fig. 1C and D). Next, A549 cells were pre-treated with 0.4 mM metformin for 48 h and then treated with indicated concentration of EGCG (0-100  $\mu$ M) for 24 h. Metformin enhanced the cytotoxicity of EGCG. After pre-treatment with 0.4 mM metformin, 60, 80 and 100  $\mu$ M EGCG treatments induced significant cytotoxicity compared with treatment with EGCG alone (Fig. 1E). Moreover, similar results were also obtained in H460 cells (Fig. 1F). The LDH release assay also revealed that EGCG induced the death of A549 cells, and metformin enhanced this effect (Fig. 1G). Based on these results, treatment with 0.4 mM metformin for 48 h inhibited HO-1 expression and augmented the cytotoxicity of EGCG in NSCLC cells.

We overexpressed HO-1 using an adenovirus to confirm whether metformin enhanced the cytotoxic effect of EGCG by inhibiting HO-1 expression (Fig. 1H). HO-1 overexpression abrogated the synergistic effects of EGCG and metformin on A549 cells (Fig. 1H). Moreover, overexpression of Nrf2, a well-known transcriptional factor responsible for inducing HO-1 expression, also abolished the effects of EGCG and metformin on A549 cells (Fig. 1I). Thus, metformin enhanced the cytotoxicity of EGCG in NSCLC cells by inhibiting HO-1 expression.

### Metformin increased intracellular ROS production and enhanced EGCG-induced apoptosis

Based on accumulating evidence, EGCG (>50  $\mu$ M) induces intracellular ROS production [32]. EGCG increased ROS levels, whereas metformin alone did not affect intracellular ROS levels. However, the combination of EGCG and metformin significantly increased the intracellular ROS levels compared with EGCG alone (Fig. 2A and 2B). Since EGCG is known to induce oxidative stress-mediated apoptosis [9], the apoptosis rate in A549 cells was evaluated after treatment with EGCG alone and the combination of EGCG plus metformin. Metformin did not induce apoptosis, and EGCG alone induced apoptosis in a small proportion of cells. However, the combination of EGCG with metformin slightly but significantly increased the apoptosis rate compared with EGCG alone (Fig. 2C). As further confirmation of these results, a Western blot assay was used to detect the

changes in apoptosis-related proteins. Metformin alone did not influence the levels of these apoptosis-related proteins and EGCG slightly increased the levels of cleaved Caspase-3 and PARP1. Treatment with EGCG plus metformin further increased the levels of the apoptosis-related proteins cleaved Caspase-3 (p17) and PARP1 (Fig. 2D). Based on these data, metformin increased EGCG-induced intracellular ROS production and apoptosis.

### **The combination of metformin and EGCG inhibited tumor growth *in vivo***

A549 xenografts were generated in nude mice to confirm the role of metformin in potentiating the effects of EGCG on NSCLC cell growth *in vivo*. As shown in Fig. 3A, nude mice were treated with normal saline (Mock, i.p.), EGCG (50 mg/kg, i.p.), metformin (200 µg/mL, dissolved in drinking water) or EGCG plus metformin beginning on day 22. Throughout the experiment, animals tolerated tumor grafting and drug treatment with no noticeable changes in behavior, eating habits or weight. Four days after the treatment was initiated, A549 xenografts treated with metformin, EGCG and the combination of the two began to show a significant inhibition of tumor growth rate compared with the untreated counterparts (Fig. 3A). On day 44, xenografts treated with metformin or EGCG alone were  $44.07 \pm 3.19$  % and  $19.62 \pm 9.72$  % the size of the control. The tumor volume in the nude mice subjected to the combined treatment (metformin plus EGCG) was  $9.19 \pm 3.14$  % of the control (Fig. 3A and 3B). Consistent with these results, the combined treatment (metformin plus EGCG) showed weaker expression of Nrf2, HO-1, KI-67 and PCNA than the control (Mock), metformin or EGCG groups (Fig. 4C and 4D). Thus, metformin enhanced the anti-cancer effect of EGCG on NSCLC xenografts.

### **Metformin suppressed the EGCG-activated Nrf2/HO-1 signaling pathway via deacetylation of Nrf2**

Nrf2 is a key transcription factor that initiates the antioxidant response and expression of HO-1, which confers EGCG resistance [9]. Therefore, we explored whether metformin weakened the activity of the Nrf2/HO-1 pathway in NSCLC cells. The level of the Nrf2 protein in the nucleus was increased in cells treated with EGCG in a dose-dependent manner (Fig. 4A). Consistent with these findings, EGCG also increased the level of the HO-1 protein. Pre-treatment with metformin markedly decreased the nuclear distribution of Nrf2 as well as the level of the HO-1 protein (Fig. 4A). Immunofluorescence staining was performed to further confirm these results. In

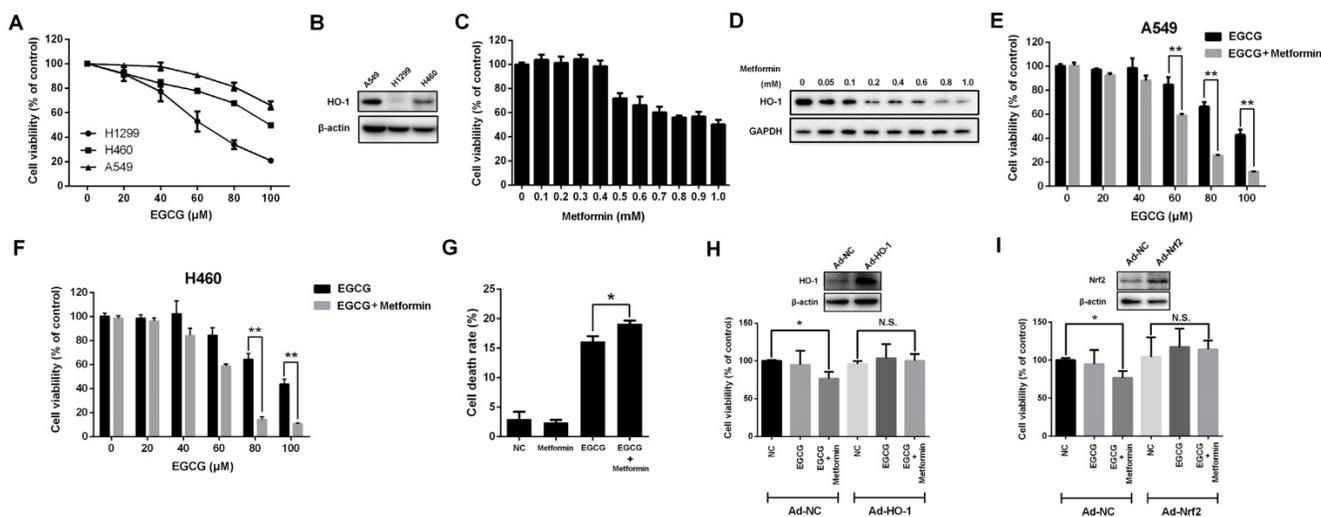
untreated cells, Nrf2 was mainly observed in the cytoplasm, but translocated to the nucleus in cells treated with EGCG alone. However, metformin inhibited the EGCG-induced translocation of Nrf2 (Fig. 4G). A luciferase reporter plasmid harboring the HO-1 promoter was constructed to further illustrate the effect of metformin on the transcriptional activity of Nrf2. Based on the results of the reporter assay, EGCG increased the luciferase activity, whereas metformin significantly decreased its activity (Fig. 4B), indicating that metformin impaired the transcriptional function of Nrf2. In A549 xenografts, EGCG increased the level of the HO-1 protein, which was reversed by metformin (Fig. 3C and 3D). Thus, EGCG induced the translocation of Nrf2 into the nucleus, resulting in the transcription of HO-1, whereas metformin opposed this effect and inhibited EGCG-induced HO-1 expression.

After translation, the Nrf2 protein is subjected to various post-transcriptional modifications, such as ubiquitination, phosphorylation and acetylation [14-16]. Both EGCG and metformin decreased the phosphorylation (S40) of Nrf2 (Fig. 4A), which has been reported to increase the transcriptional activity of Nrf2 [14]. We therefore investigated the acetylation of Nrf2, which is also involved in the transcriptional activity of Nrf2 [16]. As shown in the results from the IP assay, EGCG increased the acetylation of Nrf2, which was decreased by metformin (Fig. 4C). The changes in Nrf2 acetylation induced by metformin and EGCG are consistent with a previous report [16]. Sirtuin 1 (SIRT1) is a member of the sirtuin family of proteins. SIRT1 has been shown to deacetylate and affect the activity of several transcription factors, including p53 [33] and peroxisome proliferator-activated receptor gamma coactivator 1-alpha (Pgc-1 $\alpha$ ) [34]. Moreover, the level of SIRT1, which was reported to deacetylate Nrf2 and promote its cytoplasmic localization [35], was elevated in metformin-treated cells in a dose-dependent manner (Fig. 4E). SIRT1 expression was knocked down by an siRNA (siSIRT1; Fig. 4E) to investigate the involvement of SIRT1 protein in Nrf2 function. Levels of the HO-1 protein, the direct downstream target of Nrf2, were significantly elevated after SIRT1 knock-down, and metformin did not decrease the level of the HO-1 protein (Fig. 4D). Consistent with these results, immunofluorescence staining showed increased translocation of Nrf2 into the nucleus in the presence of siSIRT1, even after treatment with metformin. SIRT1 knock-down abrogated the effect of metformin and maintained the nuclear localization of Nrf2 (Fig. 4G). Moreover, compared with siNC-transfected cells, metformin did not sensitize cells to the EGCG treatment when SIRT1 expression

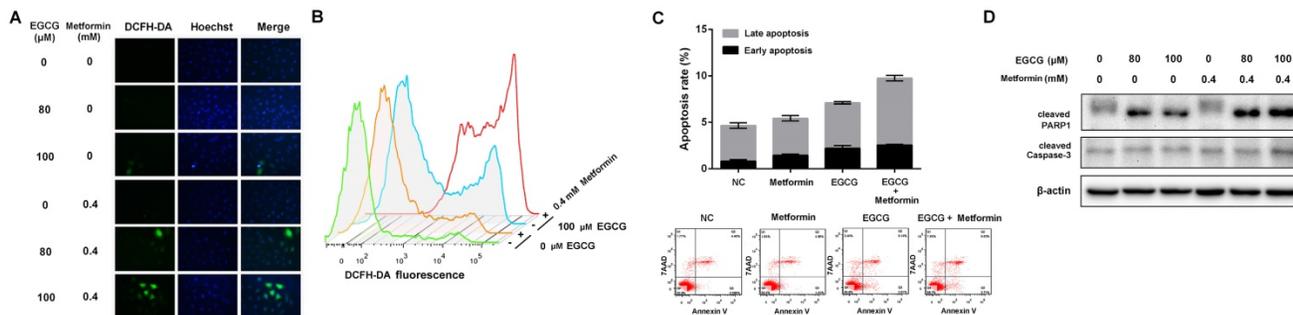
was silenced (Fig. 4H). Based on these results, metformin modulates the EGCG-activated Nrf2/HO-1 pathway through the deacetylation of Nrf2.

By investigating the promoters and enhancers of *SIRT1*, NF- $\kappa$ B (p65), also known as RELA, was one of the transcription factors that bound to both enhancers and promoters. As predicted by genecards (<http://www.genecards.org/>), RELA binds to 5 enhancers and the promoter of *SIRT1*. Based on a search of the TCGA database, RELA expression correlated with *SIRT1* expression in LUSC (lung squamous cell carcinoma) and LUAD (lung adenocarcinoma) samples (Fig. S3). Next, Western blotting was used to determine whether metformin upregulated *SIRT1* expression by influencing RELA.

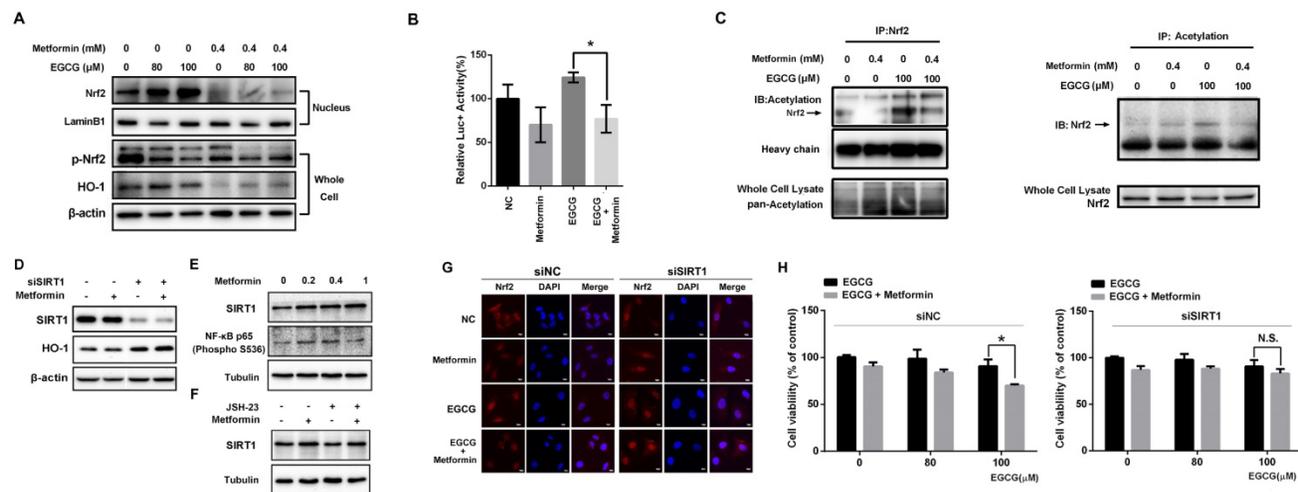
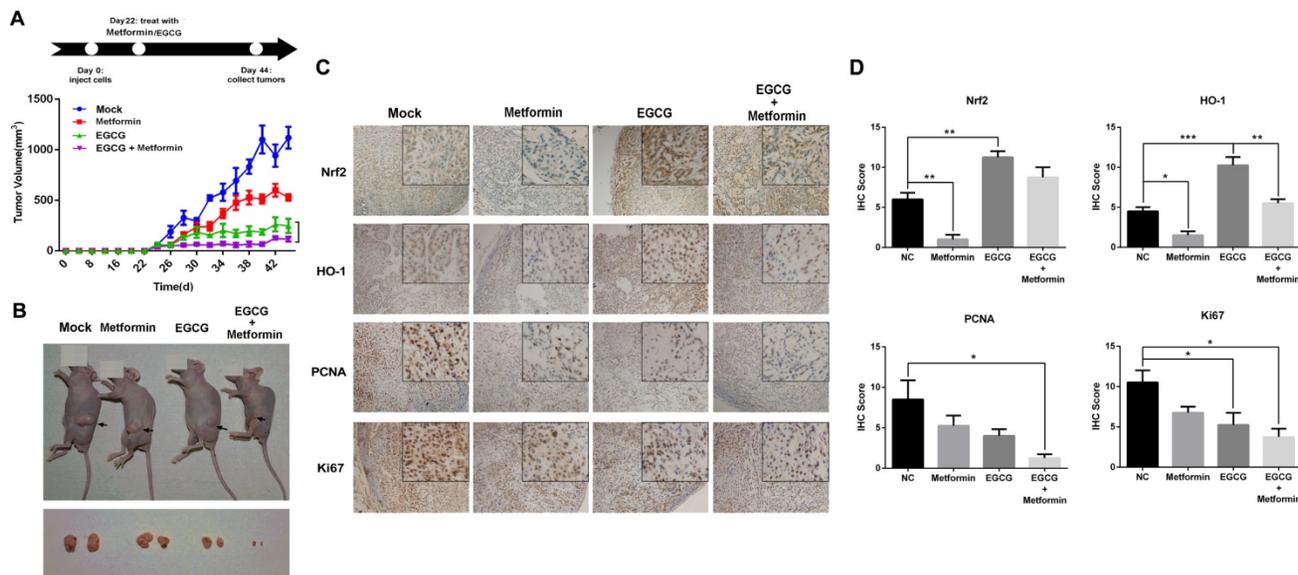
As shown in Fig. 4D, metformin increased the levels of NF- $\kappa$ B p65 (phospho S536), the active form of NF- $\kappa$ B p65. JSH-23 is a NF- $\kappa$ B inhibitor that inhibits the nuclear translocation of NF- $\kappa$ B p65 without affecting I $\kappa$ B $\alpha$  degradation. As shown in Fig. 4E, the level of the *SIRT1* protein was decreased after NF- $\kappa$ B was inhibited with JSH-23. Metformin still upregulated *SIRT1* expression after NF- $\kappa$ B inhibition. However, the level of the *SIRT1* protein was decreased compared with cells treated with metformin alone. These results clearly showed that the metformin-induced upregulation of *SIRT1* expression is mediated by the NF- $\kappa$ B pathway. However, the NF- $\kappa$ B pathway may be not the only pathway activated by the metformin treatment.



**Fig. 1. Metformin enhances the anti-proliferative effect of EGCG on NSCLC cells.** (A) NSCLC cells (A549, H1299 and H460) were treated with different concentrations (0, 20, 40, 60, 80 and 100  $\mu$ M) of EGCG for 24 h. Cell viability was measured using an MTT assay, as described in the Materials and Methods. The number of viable cells after treatment is expressed as a percentage of the control. (B) The level of the HO-1 protein in NSCLC cells (A549, H1299 and H460) was measured by Western blotting. (C) A549 cells were treated with indicated concentrations of metformin for 48 h, and cell viability was measured using an MTT assay. (D) A549 cells were treated with the indicated concentrations of metformin for 48 h, and the level of the HO-1 protein was detected by Western blotting. (E) A549 and (F) H460 cells were treated with the indicated concentrations of EGCG for 24 h after pre-treatment with 0.4 mM metformin for 48 h. Cell viability was measured using an MTT assay. (G) A549 cells were treated with EGCG and metformin, and the cell death rate was evaluated using an LDH release assay. (H) A549 cells were infected with a control adenovirus (Ad-NC) or HO-1-overexpressing adenovirus (Ad-HO-1) and then treated with EGCG and metformin. Cell viability was measured using an MTT assay. (I) A549 cells were infected with a control adenovirus (Ad-NC) or Nrf2-overexpressing adenovirus (Ad-Nrf2) and then treated with EGCG and metformin. Cell viability was measured using an MTT assay. \* $P < 0.01$ , \*\* $P < 0.001$  and N.S. (non-significant) compared with the control cells.



**Fig. 2. Effects of EGCG and metformin on ROS production and apoptosis in NSCLC cells.** A549 cells were treated with the indicated concentrations of EGCG and/or metformin. ROS were stained with DCFH-DA and measured using (A) a fluorescence microscope and (B) flow cytometry. (C) A549 cells were treated with EGCG and/or metformin. Cell apoptosis was analyzed by flow cytometry. (D) A549 cells were treated with the indicated concentrations of EGCG and/or metformin, and total cell lysates were subjected to a Western blot analysis of PARP1, cleaved PARP1 and cleaved Caspase-3.



## The impact of metformin and green tea extracts on cancerous and non-cancerous cells

We next sought to ascertain whether EGCG and metformin were cytotoxic to normal lung epithelial cells. Normal lung/bronchus BEAS-2B cells were treated with the indicated concentrations of metformin, EGCG or EGCG plus metformin. EGCG and/or metformin exerted a much smaller impact on BEAS-2B cells than on A549 cells (Fig. 5A, 5B and 5C).

In addition to EGCG, the major catechins in green tea include EGC, ECG and EC [7]. We then investigated whether metformin also sensitized NSCLC cells to other green tea components. A549 cells were treated with 0.4 mM metformin for 48 h and the indicated concentrations of ECG and EGC for 24 h. Metformin could enhanced the cytotoxic effects of ECG and EGC (Fig. 5D, 5E and 5F). In conclusion, metformin enhanced the cytotoxic effects of several green tea components.

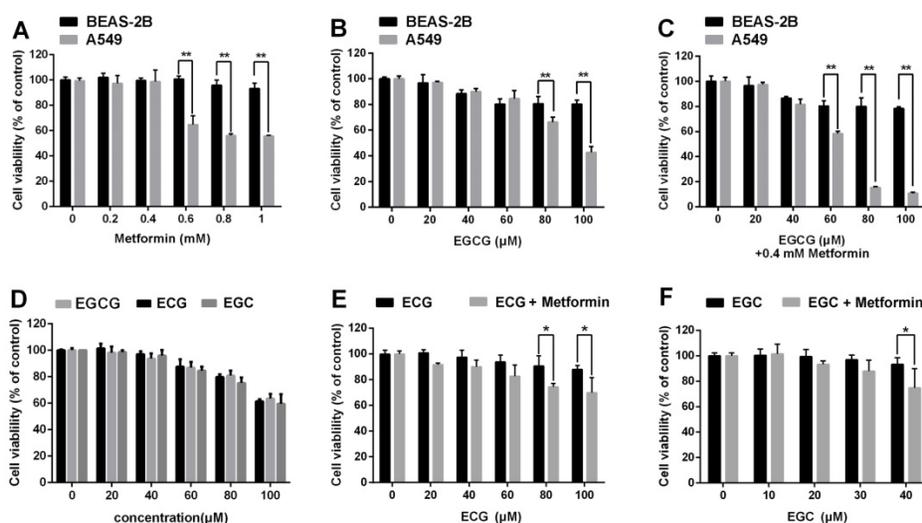
## Discussion

Lung cancer remains a lethal disease with dismal 5-year survival rate. Since a large proportion of patients with lung cancer is diagnosed with advanced stage disease, orthodox methods for treating cancer only provide a limited improvement in the prognosis. EGCG, the major catechin in green tea, has been shown to inhibit multiple types of cancer cells *in vitro* and *in vivo* [36, 37]. However, different tumor cells have different sensitivities to treatment with EGCG [9, 38]. HO-1 is one of the most important cellular defense and anti-oxidant proteins. HO-1 expression

dictates the resistance to apoptosis induced by EGCG [9]. As shown in the present study, metformin, a first-line drug for type 2 diabetes, sensitized NSCLC cells to EGCG. Metformin enhanced the cytotoxic effect of EGCG, increased EGCG-induced intracellular ROS production, and enhanced the EGCG-induced apoptosis rate. Moreover, A549 cells treated with EGCG showed increased expression of HO-1, which was decreased upon treatment with metformin.

Nrf2, a critical antioxidant transcription factor, activates multiple antioxidant enzymes by binding to the AREs in their promoters. The Nrf2 signaling pathway was reported to induce HO-1 expression and play an important role in resistance to EGCG [9]. Therefore, in this study we focused on the effects of EGCG and metformin on the Nrf2 signaling pathway. EGCG promoted the translocation of Nrf2 from the cytoplasm to the nucleus, resulting in increased HO-1 expression. However, metformin suppressed Nrf2 translocation, therefore resulting in decreased HO-1 expression. Nrf2 heterodimerizes with Keap1, the cytosolic repressor of Nrf2, and is sequestered in the cytoplasm and subjected to constant degradation. Keap1 is an important redox sensor. The redox signal sensed by Keap1 is subsequently transmitted to Nrf2 in a key process that induces Nrf2 release from Keap1, resulting in the activation of the Nrf2 signaling pathway. In the present study, EGCG induced ROS production. ROS may trigger the dissociation of the Nrf2/Keap1 heterodimer, mediate the translocation of Nrf2 to the nucleus and activate Nrf2/HO-1 signaling pathway. ROS generated by EGCG may activate Nrf2 and its downstream ROS-eliminating

enzymes, particularly HO-1, which forms a feedback loop and induces resistance to EGCG. According to our data, metformin, a widely used antidiabetes drug, inhibited the transcriptional activity of Nrf2, decreased the level of HO-1, and enhanced the anti-tumor effect of EGCG. Based on accumulating evidence, many dietary compounds induce Nrf2 signaling by activating diverse phosphorylation pathways, including MAPK [39, 40], PKC [13, 14], and PI3K [41] pathways. Moreover, post-translational modifications, including phosphorylation and acetylation, were reported to



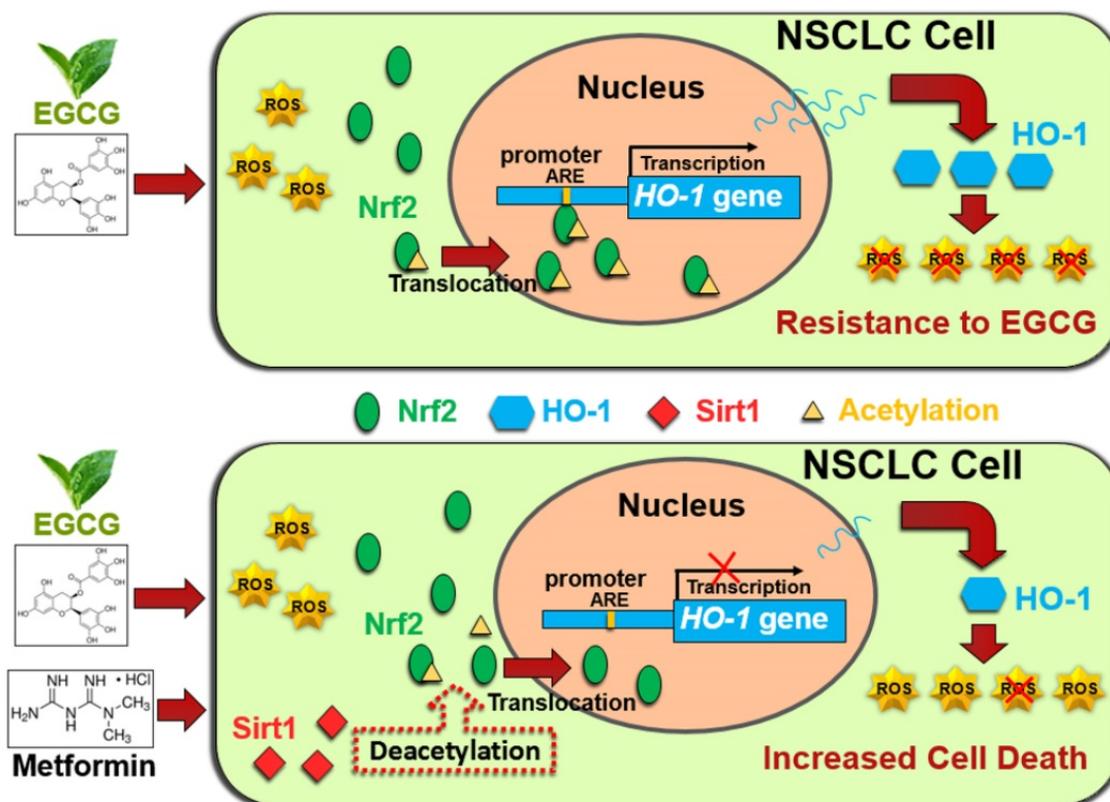
**Fig. 5. Effects of metformin and green tea extracts on cancerous and non-cancerous cells.** BEAS-2B normal lung epithelial cells and A549 NSCLC cells were treated with the indicated concentrations of (A) metformin, (B) EGCG and (C) EGCG plus metformin. Cell viability was measured using an MTT assay. (D) A549 cells were treated with the indicated concentration of EGC, ECG or EGCG for 24 h. Cell viability was measured using an MTT assay. (E) and (F) A549 cells were treated with the indicated concentrations of EGC or ECG for 24 h following the pre-treatment with 0.4 mM metformin for 48 h. Cell viability was measured using an MTT assay. \* $P < 0.01$  and \*\* $P < 0.001$ .

influence the transcriptional activity of Nrf2 [14-16]. In our study, both EGCG and metformin decreased Nrf2 phosphorylation (S40). Acetylated Nrf2 also displays augmented promoter-specific DNA binding affinity [16]. EGCG increased the acetylation of Nrf2, which is associated with its increased transcriptional activity, whereas metformin decreased Nrf2 acetylation and suppressed its transcriptional activity, consistent with published results. Based on our findings, Nrf2 acetylation may play a critical role in the response to EGCG and metformin treatments. SIRT1 was reported to deacetylate Nrf2 and promote its cytoplasmic localization [35]. Metformin upregulated SIRT1 expression partially through the NF- $\kappa$ B pathway in our study, resulting in the deacetylation of Nrf2 and downregulation of its transcriptional activity.

Moreover, BEAS-2B normal lung epithelial cells were not susceptible to EGCG and metformin. According to the results of a search of TCGA (The Cancer Genome Atlas) datasets, HO-1 is expressed at significantly higher levels in normal lung tissues than in lung cancer tissues, which may provide an

explanation for the phenomenon that lung cancer cells are more susceptible to EGCG and metformin (Fig. S2). EGCG and metformin may represent a new strategy to treat NSCLC. Furthermore, HO-1 is responsible for the resistance to not only EGCG but also a wide variety of chemotherapeutic drugs, including cisplatin [42], gemcitabine [43] and paclitaxel [44]. Thus, this study sheds light on a novel strategy to use metformin as a neoadjuvant drug during chemotherapy.

In conclusion, metformin inhibited HO-1 expression and augmented the cytotoxic effects of EGCG *in vitro* and *in vivo*. Metformin increased the EGCG-induced intracellular ROS production and apoptosis. Metformin and EGCG inhibited tumor growth *in vivo*. Mechanistically, metformin modulated the EGCG-activated Nrf2/HO-1 pathway through SIRT1-dependent deacetylation of Nrf2. Moreover, metformin upregulated SIRT1 expression partially through the NF- $\kappa$ B pathway. (Fig. 6). Thus, metformin sensitized NSCLC cells to the EGCG treatment by suppressing the Nrf2/HO-1 signaling pathway.



**Fig. 6. Schematic representation of metformin-induced sensitization of NSCLC cells to EGCG.** Upper panel: EGCG generates ROS and promotes Nrf2 acetylation, resulting in the translocation of Nrf2 into the nucleus. Nuclear Nrf2 activates HO-1 transcription and thus mediates EGCG resistance. Lower panel: Metformin upregulates SIRT1, which decreases the acetylation of Nrf2 and reduces the nuclear distribution of Nrf2. Inhibition of Nrf2 activation abolishes the expression of the antioxidant HO-1 and sensitizes NSCLC cells to EGCG.

## Supplementary Material

Supplementary figures.

<http://www.ijbs.com/v13p1560s1.pdf>

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## Competing Interests

The authors have declared that no competing interest exists.

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